

**WHERE
TO GO
WHEN YOU NEED
HELP**

2017 EDITION

WHERE TO GO WHEN YOU NEED HELP

2017 Edition

Compiled by:



4100 Hillsdale Road
Harrisburg, PA 17112
717-635-8615

www.efmr.org

We hope this publication is helpful to you.
If you are not certain a listing has exactly the help you need, try
contacting one that you think is a close match to your need.
Chances are someone can refer you to the right resource.

Toll-free numbers and others listed may require that you dial 1 first.

Printed by:



PennState Health
Milton S. Hershey
Medical Center

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HELP BY AREAS

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ABUSE

(See also CHILD ABUSE,
RAPE and WOMEN)

ACCESS YORK

(YWCA York)

*Seeks to eliminate domestic violence
and offer support, education,
and a safe environment for victims of
domestic violence.*

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

www.ywcayork.org/victim-services

CHILDLINE

State child abuse registry.

*To report suspected child abuse or request
child abuse history clearance form.*

800-932-0313

DOMESTIC VIOLENCE HOTLINES

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/SNYDER:

800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY

*Women's shelter and counseling
service in Lebanon.*

717-273-7190

866-686-0451

www.dviolc.org

FUTURES WITHOUT VIOLENCE

Information on family violence issues.

San Francisco main office

415-678-5500

www.futureswithoutviolence.org

MIDPENN LEGAL SERVICES

*Offers assistance in filing a
protection from abuse (PFA) petition.*

Harrisburg office:

213-A N. Front St., Harrisburg

717-232-0581

800-932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

Lancaster office:

38 N. Christian St., Suite 200, Lancaster

800-732-0025

717-299-0971

Lebanon office:

513 Chestnut St., Lebanon

717-274-2834

York office:

29 N. Queen St., York

717-848-3605

www.midpenn.org

NATIONAL DOMESTIC VIOLENCE HOTLINE

800-799-7233

TTY: 1-800-787-3224

www.thehotline.org

NATIONAL SEXUAL VIOLENCE RESOURCE CENTER

Mission is to provide leadership in
preventing and responding to sexual
violence through collaboration, sharing and
creating resources, and promoting research.

123 N. Enola Drive, Enola

717-909-0710

877-739-3895

www.nsvrc.org

**PENNSYLVANIA COALITION
AGAINST DOMESTIC VIOLENCE**

*Private non-profit organization working
to eliminate domestic violence, secure
justice for victims and help build
new lives free from abuse.*

National hotline
800-799-SAFE (7233)
Local number
545-6400
3605 Vartan Way, Suite 101
Harrisburg
www.pcadv.org

**PENNSYLVANIA COALITION
AGAINST RAPE**

*Works to end sexual violence and
advocates for the rights and needs of
sexual assault victims.*

888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

**SEXUAL ASSAULT RESOURCE &
COUNSELING CENTER**

Provides counseling, education,
advocacy and prevention programs
on sexual abuse issues.

717-272-5308 (hotline Lebanon)
570-628-2965 (hotline Schuylkill)
615 Cumberland St., Lebanon
Schuylkill Office:
17 Westwood Centre, Pottsville
www.sarclebanon.org

YWCA OF GREATER HARRISBURG

*Violence intervention and
prevention services*

Hotline
800-654-1211
www.ywcahbg.org

ADOPTION

ADOPTIONS FROM THE HEART

Non-profit, nonsectarian agency.
888-608-8373

Central Pennsylvania office
717-399-7766
1525 Oregon Pike, Suite 402, Lancaster
www.afth.org

CATHOLIC CHARITIES

Adoption and Specialized Foster Care
717-564-7115

939 East Park Drive, Suite 103, Harrisburg
www.cchbg.org

COMMON SENSE ADOPTION SERVICES

*A licensed, non-profit adoption and
foster care agency.*

717-412-0772
800-445-2444
3001 Market St., Camp Hill
www.commonsenseadoption.org

DIAKON ADOPTION & FOSTER CARE

www.diakon.org

FAMILY CARE SERVICES

717-263-2285
4385 Edenville Road, Chambersburg
www.familycareservices.org

**JEWISH FAMILY SERVICE OF
GREATER HARRISBURG INC.**

717-233-1681
3333 N. Front St., Harrisburg
www.jfsofhbg.org

**PENNSYLVANIA STATE RESOURCE
FAMILY ASSOCIATION**

*Advocates for all those who care about
children and their families*
800-951-5151
PO Box 60216, Harrisburg 17106
www.psrfa.org

**SWAN (STATEWIDE ADOPTION AND
PERMANENCY NETWORK)**

*A broad-based cooperative effort and a
centralized information and facilitation
service funded and overseen by the
Pennsylvania Department of Human
Services. The SWAN program serves
children in the custody of county children
and youth agencies.*
800-585-SWAN
www.adoptpakids.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

*An affiliate of the Statewide Adoption
and Permanency Network*
717-766-7652
www.umhcservices.org

AIDS

AIDS FACTLINE
800-662-6080

ALDER HEALTH SERVICES

*Improves the health and well-being of
individuals living with HIV/AIDS and
members of the LGBTQ community by
providing a culturally competent and
affirming environment.*
717-233-7190
100 N. Cameron St., Harrisburg
www.alderhealth.org

**CENTER FOR DISEASE CONTROL
AND PREVENTION**

800-CDC-INFO (800-232-4636)
TTY: 888-232-6348
www.cdc.gov/hiv

**FAMILY HEALTH COUNCIL
OF CENTRAL PA.**

*In a 14-county region of south
central Pennsylvania, FHCCP funds 11
subcontractor agencies that provide
prevention education and interventions,
medical support, and housing for infected
and affected persons and families.*
717-761-7380
3461 Market Street, suite 200, Camp Hill
www.fhccp.org

THE HOPE PROGRAM

*Provides HIV/AIDS education and
prevention programs, HIV treatment
and other services. Part of Hamilton
Health Center.*
717-232-9971
110 S. 17th St., Harrisburg

LOAVES OF LOVE FOOD PANTRY

*Serves families impacted by HIV and AIDS.
Distribution every other Wednesday from
2 to 6:45 p.m. Medical referrals are needed.*
717-602-6166
Second City Church
251 Verbeke St., Harrisburg

PINNACLEHEALTH – REACCH

Provides a comprehensive approach to HIV care. The program is open Monday to Friday, 8 a.m. to 4 p.m.

717-782-2750

2501 N. Third St., Second floor, Harrisburg

ALCOHOL PROBLEMS

(See also DRUG PROBLEMS)

ADDICTION REFERRAL

888-557-8394

www.addictionreferral.org

ALCOHOLICS ANONYMOUS

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

717-234-5390

www.aaharrisburg.org

AL-ANON/ALATEEN

For information on where to find a local meeting:

www.pa-al-anon.org

www.al-anon.alateen.org

BABY LOVE

Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.

866-530-2229

www.harrisburgbabylove.com

BETHESDA MISSION

Helps lives affected by drug and alcohol addiction.

611 Reily St., Harrisburg

717-257-4440

www.bethesdamission.org

CONTACT HELPLINE

24/7 information and referral service.

800-932-4616

211 (information and referral)

www.contacthelpline.org

DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

DAYSTAR CENTER FOR SPIRITUAL RECOVERY

Daystar is a community based residential treatment facility for men with substance use disorders.

717-271-37615

www.daystarrecovery.com

EVERGREEN HOUSE

(Catholic Charities)

Transitional housing for recovering women.

120 Willow Road, Suite B, Harrisburg

717-412-4594

www.cchbg.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals
Gaudenzia Common Ground offers assessment and detoxification services.

2835 N. Front St., Harrisburg

717-238-5553

www.gaudenzia.org

JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES

Offers a life transformation program for those who sincerely want to beat their addictions. Formerly York Rescue Mission.

717-845-7662

363-373 West Market Street, York
www.lifepathoryk.org

MOTHERS AGAINST DRUNK DRIVING (MADD)

Mission is to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking.

Pennsylvania office:

610-825-4902

www.madd.org

PERRY HUMAN SERVICES

Offers drug and alcohol assessment services and referrals to treatment.

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

THE RASE PROJECT

Assists individuals affected by substance abuse.

717-232-8535

100 N. Cameron St.,
Suite 401-E, Harrisburg
www.raseproject.org

TEEN CHALLENGE HARRISBURG

Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.

717-933-4181

www.harrisburgtc.org

YORK RESCUE MISSION

Offers Spiritual Life Recovery Program for men dealing with alcohol and drug issues.

717-845-7662

367 West Market Street, York
www.yorkrescuemission.org

BREAST CANCER

FEEL YOUR BOOBIES FOUNDATION

Promotes proactive breast health in young women through strategic education and outreach programs.

717-343-8399

PO Box 41, Middletown
www.feelyourboobies.com

NATIONAL CANCER INSTITUTE

800-422-6237

www.cancer.gov

PENNSYLVANIA BREAST CANCER COALITION

800-377-8828

2397 Quentin Road, Suite B, Lebanon
www.pabreastcancer.org

SUSAN G. KOMEN FOR THE CURE

877-GO-KOMEN (465-6636)

www.komen.org

BULLYING

ANTI-DEFAMATION LEAGUE

www.noplaceforhate.org

THE FOUNDATION FOR HOPE

A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.

24-hour hotline

1-855-HOPE-611

www.hope611.org

PENNSYLVANIA YOUTH CONGRESS

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg (field office)
www.payouthcongress.org

CHILD ABUSE

TO REPORT CHILD ABUSE
*Pennsylvania Department
of Human Services hotline:*
800-932-0313

AMERICAN HUMANE ASSOCIATION
www.americanhumane.org/children

**ASSOCIATION OF SITES ADVOCATING
CHILD PROTECTION**
Dedicated to online child protection.
www.asacp.org

CHILD HELP
*National Child Abuse Hotline to report
suspected child abuse.*
800-422-4453
800-4-A-CHILD
www.childhelp.org

FAMILY SUPPORT OF PRESSLEY RIDGE
*Works to prevent child abuse and builds
family strength through support
and educational programs for
parents and grandparents.*
4775 Linglestown Road, Suite 202,
Harrisburg
717-541-0828
www.familysupportcentralpa.org

OFFICE OF THE VICTIM ADVOCATE
Represents the interests of crime victims.
800-563-6399
TTY: 877-349-1064
1101 S. Front St., Suite 5200, Harrisburg
www.o.va.state.pa.us

**PENN STATE HERSHEY CENTER FOR THE
PROTECTION OF CHILDREN**
*Develops and coordinates research,
education, and policy initiatives having to
do with child abuse/protection.*
717-531-5158

PENNSYLVANIA COALITION AGAINST RAPE

*Help for victims of sexual abuse, including
information, referrals and resources.*
888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

PENNSYLVANIA FAMILY SUPPORT ALLIANCE
*Educates, informs and leads
communities to action to protect
children from abuse and neglect.*
717-238-0937
800-448-4906
2000 Linglestown Road, Suite 301,
Harrisburg
www.pa-fsa.org

**PINNACLE HEALTH
CHILDREN'S RESOURCE CENTER**
*A child advocacy center dedicated to
providing compassionate, quality care
in a safe, child-friendly environment for
children suspected of having been
abused or neglected.*
717-782-6800
877-543-5018
www.pinnaclehealth.org/crc

CHILDREN

(See also MEDICAL & TEENS)

4-H PROGRAMS

Penn State Extension Offices

4-H is a program for children ages 8-19 that teaches life skills (teamwork, public speaking, problem solving) and project skills. Projects are varied and include photography, animal sciences, robotics, crafts, woodworking, arts.

For information and local opportunities call the Extension office in your county.

Cumberland
717-240-6500
Dauphin
717-921-8803
Perry
717-582-5150
Lebanon
717-270-4391
York
717-840-7408
Lancaster
717-394-6851

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

PO Box 101, Enola.

www.autismharrisburg.org

BABIES

(Healthy Baby Helpline)

Pennsylvania Department of Health provides information to those who are pregnant or think they may be pregnant.

800-986-BABY

www.helpinpa.state.pa.us

BETHESDA MISSION COMMUNITY (YOUTH) CENTER

1438 Herr St., Harrisburg

717-257-5484

www.bethesdamission.org

BOYS AND GIRLS CLUB OF HARRISBURG

Offers a drug-free, alcohol-free atmosphere with caring professionals.

717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

1313 Monroe St., Harrisburg

www.bgchbg.org

CAITLIN'S SMILES

Helps children facing chronic or life threatening illnesses through distribution of arts and crafts kits.

717-412-4759

3303 N. Sixth St., Harrisburg

www.caitlins-smiles.org

CAPITAL AREA HEAD START

Provides a comprehensive child development program designed to give children a head start in life, so they can succeed at home, school and in the community.

717-541-1795

3705 Elmwood Drive, Harrisburg

www.keystonehumanservices.org/capital-area-head-start

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

Puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS

800-986-KIDS

www.chipcoverspakids.com

CHILD CARE INFORMATION SERVICES

(Pennsylvania Department
of Human Services)

CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.

Cumberland and Perry counties
717-243-4014 or 800-358-8725

Dauphin County
717-233-8454 or 800-952-7419

Lebanon County
717-274-6552 or 888-313-2247

York County
717-854-2273 or 800-864-4925

CHILD FIND OF AMERICA

Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.

800-I-AM-LOST (800-426-5678)
www.childfindofamerica.org

CHILDREN'S HOME OF YORK

717-755-1033
77 Shoe House Road, York
www.choyork.org

CHILDREN & YOUTH OF DAUPHIN COUNTY

Dedicated to the health, safety and welfare of children and families.

717-780-7200
1001 N. Sixth St., Harrisburg

COMMUNITY CHECK UP-CENTER

A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.

Pediatrics, 8:30 a.m. to 4:30 p.m.

Monday through Friday

Women, 9 a.m. to 4:30 pm.

Tuesdays and Fridays

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

CUMBERLAND COUNTY CHILDREN & YOUTH SERVICES

Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120

888-697-0371

16 W. High St., Suite 200, Carlisle

FAMILY HEALTH COUNCIL OF CENTRAL PA.

A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.

717-761-7380

3461 Market Street, suite 200, Camp Hill

www.fhccp.org

FUTURES WITHOUT VIOLENCE

Information on family violence issues.

www.futureswithoutviolence.org

GEISINGER HOLY SPIRIT TEENLINE

The Teenline program can help a central Pennsylvania teen facing serious issues at school or home, and help parents trying to cope with a troubled son or daughter.

717-763-2345

800-722-5385

GREATER HARRISBURG HEALTHY START

A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.

717-909-1278
www.harrisburghealthystart.com

HEEDING GOD'S CALL

An interfaith effort to eliminate illegal use of guns and gun violence.

717-461-3540
219 Hummel St., Harrisburg
www.heedingharrisburg.org

HOLDING HOPE

Works to support families of children with life-threatening illnesses being treated at

Penn State Children's Hospital
717-649-8126
www.holdinghope.org

**LANCASTER INTENSIVE DAY TREATMENT
(CATHOLIC CHARITIES)**

Serves at-risk youth from nine to 15 who possess significant emotional and behavioral health needs.

717-295-9630
47 S. Mulberry St., Lancaster
www.cchbg.org

MYNDWORKS

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning.

717-233-1681
3333 N. Front St., Harrisburg

**NATIONAL CENTER FOR MISSING
& EXPLOITED CHILDREN**

Call to report missing children and suspected child sexual exploitation and trafficking.

800-843-5678
www.missingkids.com

**NEIGHBORHOOD CENTER OF THE UNITED
METHODIST CHURCH**

Specializes in helping young people discover and develop their capabilities, so that their lives and the life of the community can be enhanced.

717-233-6541
1801 N. Third St., Harrisburg
www.neighborhoodcenterumc.org

NEW HOPE MINISTRIES

Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models.

717-432-2087
211 S. Baltimore St., Dillsburg
www.nhm-pa.org

**NORTHERN DAUPHIN HUMAN
SERVICES CENTER**

Children and youth services.

877-893-3344
295 State Drive, Elizabethtown

**PENN STATE HEALTH CENTER FOR THE
PROTECTION OF CHILDREN**

Develops and coordinates research, education, and policy initiatives having to do with child abuse/protection.

717-531-5158

**PENN STATE HEALTH PEDIATRIC TRAUMA
AND INJURY PREVENTION**

Only Level I pediatric trauma center serving the 10-county area of south central Pennsylvania. Manages children's serious, sudden injuries.

717-531-SAFE (7233)

PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION

Advocates for and provides services to foster children, children adopted from foster care, and the families who serve them.

800-951-5151

PO Box 60216, Harrisburg 17106
www.psrfa.org

PERRY COUNTY FAMILY CENTER

Promotes the positive development and healthy well-being of all young children in Perry County.

717-582-3656

8391-R Spring Road, Suite 3, New Bloomfield
www.pcfamilycenter.org

PHOENIX YOUTH CENTER INC.

717-838-0302

11 W. Cherry St., Palmyra,
during school year
50 Landings Drive, Annville, during summer
www.phoenixyouthcenter.org

PINNACLEHEALTH CHILDREN AND TEEN CENTER

Children from birth to 18 can receive comprehensive healthcare, regardless of families' ability to pay.

8 a.m. to 4:30 p.m. Monday through Friday.
717-782-4650

2645 N. Third St., Second floor, Harrisburg

PRESSLEY RIDGE

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.

888-777-0820

www.pressleyridge.org

RONALD MCDONALD HOUSE

Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children's Hospital.

717-533-4001

745 W. Governor Road, Hershey
www.rmhc-centralpa.org

SPECIAL KIDS NETWORK HELP PA

(Pennsylvania Department of Health) Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

www.gotoskn.state.pa.us

UNITED METHODIST HOME FOR CHILDREN INC.

A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.

717-766-7652

5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.

800-WIC-WINS (942-9467)

www.pawic.com

Services available at Hamilton Health Center
717-230-3909

YORK COUNTY CHILDREN, YOUTH, AND FAMILIES

717-846-8496

800-729-9227

YOUTH ADVOCATE PROGRAMS, INC.

Provides community based services.

2007 N. Third St., Harrisburg

717-232-7580

www.yapinc.org

CONSUMER PROTECTION

(See also EMERGENCY HELP
& HEATING ASSISTANCE)

ATTORNEY GENERAL'S OFFICE

Bureau of Consumer Protection

800-441-2555

Consumer Health Care Section

877-888-4877

BETTER BUSINESS BUREAU

Harrisburg satellite office

717-364-3250

1337 N. Front St., Harrisburg

www.bbb.org

COMMUNITY JUSTICE PROJECT

*Mission is to protect and expand the
civil rights of poor families and
low-wage workers.*

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

CONSUMER ADVOCATE

*Represents Pennsylvania consumers
regarding matters of their utility service.*

800-684-6560

717-783-5048

Office of Consumer Advocate

555 Walnut St., 5th Floor,

Forum Place, Harrisburg

www.oca.state.pa.us

FEDERAL TRADE COMMISSION

*Protects consumers by stopping unfair,
deceptive or fraudulent practices
in the marketplace.*

202-326-2222

www.ftc.gov

FLOOD INSURANCE INFORMATION

888-379-9531

www.floodsmart.gov

**PENNSYLVANIA DEPARTMENT OF
BANKING AND SECURITIES**

*Regulates financial services and works to
ensure consumers and businesses are well-
informed about the marketplace. Can file a
complaint form online.*

800-600-0007

www.dobs.pa.gov

**PENNSYLVANIA DEPARTMENT
OF INSURANCE**

877-881-6388

1209 Strawberry Square, Harrisburg

www.insurance.pa.gov

**PENNSYLVANIA PUBLIC UTILITY
COMMISSION (PUC)**

*Balances the needs of consumers and
utilities; ensures safe and reliable utility
service at reasonable rates; protects the
public interest; educates consumers to
make independent and informed utility
choices; furthers economic development;*

*and fosters new technologies and
competitive markets in an
environmentally sound manner*

800-692-7380

400 North St., Keystone Building,
Harrisburg

www.puc.state.pa.us

TELEMARKETERS

*To register your phone number
on the Do-Not-Call list at no cost.*

www.donotcall.gov

DISABILITIES

THE ARC OF CUMBERLAND AND PERRY COUNTIES

Provides support, training, and opportunities to people with intellectual disabilities and their families.

717-249-2611

71 Ashland Ave., Carlisle
www.cparc.org

THE ARC OF DAUPHIN COUNTY

Provides support, training, and opportunities to people with intellectual disabilities and their families.

717-920-2727

2569 Walnut St., Penbrook
www.arcofdc.org

BELL SOCIALIZATION SERVICES

Goal is to help service users live as independently as possible in the community.

717-848-5767

160 S. George Street, York
www.bellsocialization.com

CENTER FOR INDEPENDENT LIVING OF CENTRAL PA

Provides innovative programs and services to allow persons with diverse disabilities to live well.

717-731-1900

800-323-6060

Living well hotline

877-865-4893

207 House Ave., Suite 107 Camp Hill
www.cilcp.org

CHRISTIAN RESIDENTIAL OPPORTUNITIES AND SOCIAL SERVICES

Provides residential and social services to persons with developmental disabilities and their families.

717-530-1788

712 Pinola Road, Shippensburg
www.crossinc.com

EASTER SEALS

Western and Central Pennsylvania
Changes the way the world defines and views disability by making profound, positive differences in people's lives every day, helping clients build the skills and access the resources they need to live, learn, work and play.

412-281-7244

www.easterseals.com/wcpenna

GOODWILL KEYSTONE AREA

Works to support persons with disabilities and other barriers to independence in achieving their fullest potential as workers and as members of the broader community.

717-232-1831

800-432-GIVE

1150 Goodwill Drive, Harrisburg
www.yourgoodwill.org

S. JUNE SMITH CENTER (OUR EXCENTIA)

Provides support necessary to enable people with developmental needs to live as independently and fully as they desire within the community.

717-299-4829 (select 7)

617B N. Prince St., Lancaster
www.ourexcenia.org/s-june-center

KEYSTONE HUMAN SERVICES

Creates opportunities for growth and meaningful life choices so that all people can be valued, contributing members of their community.

717-232-7509

888-377-6504

124 Pine St., Harrisburg
keystonehumanservices.org

PARENT TO PARENT OF PENNSYLVANIA

Program is based on the philosophy that parents of children and adults with disabilities or special needs can be helped by other parents who have traveled the road before them.

1-888-727-2706

www.parenttoparent.org

UNITED CEREBRAL PALSY CENTRAL PA

Provides both community and center-based programs and services in 17 central Pennsylvania counties, serving more than 4,000 people with disabilities and their families.

717-737-3477

800-998-4827

55 Utley Drive, Camp Hill

www.ucpcentralpa.org

VISION RESOURCES OF CENTRAL PENNSYLVANIA

Provides support and promotes the interests of people who are blind, visually impaired and otherwise disabled.

717-238-2531

1130 S. 19th St., Harrisburg

www.vrocp.org

WORKS FOR ME

Highlights potential resources for people with disabilities in Pennsylvania who are interested in working. It also connects people with disabilities with information and referral sources.

www.worksforme-pa.org

DRUG PROBLEMS

(See also ALCOHOL PROBLEMS)

ADDICTION REFERRAL

888-557-8394

www.addictionreferral.org

ADVANCEMENT IN RECOVERY PROGRAM

(Pennsylvania Psychiatric Institute)
Offers private and professional treatment for individuals struggling with opioid use disorder. Clinic hours are

Monday, 1 to 5 p.m.;

Thursday, 8 a.m. to 5 p.m.; and

Friday, 8 a.m. to 4:30 p.m.

717-480-8083

2626 N. Third St., Harrisburg

ALCOHOLICS AND NARCOTICS HELPLINE

24 hours

717-238-5920

BABY LOVE

Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.

866-530-2229

www.harrisburgbabylove.com

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

www.findtreatment.samhsa.gov

BETHESDA MISSION

Helps lives affected by drug and alcohol addictions.

611 Reily St., Harrisburg

717-257-4440

www.bethesdamission.org

CONTACT HELPLINE

Information and referral service.

800-932-4616

211 (information and referral)

www.contacthelpline.org

**DAUPHIN COUNTY DEPARTMENT OF
DRUG & ALCOHOL SERVICES**

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.
717-635-2254

1100 S. Cameron St., Harrisburg

**DAYSTAR CENTER FOR SPIRITUAL
RECOVERY**

A community based residential treatment facility for men with substance use disorders.

717-230-9898

717-271-3715

www.daystarrecovery.com

EVERGREEN HOUSE

(Catholic Charities)

Transitional housing for recovering women.

120 Willow Road, Suite B, Harrisburg

717-412-4594

www.cchbg.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.

Gaudenzia Common Ground offers assessment and detoxification services.

2835 N. Front St., Harrisburg

717-238-5553

www.gaudenzia.org

**JUST FOR TODAY RECOVERY VETERANS
SUPPORT SERVICES**

Operates homes in Lemoyne and Mechanicsburg for recovering alcoholics and drug addicts, as well as a recently opened recovery center in Lemoyne.

717-880-8068

300 Market St., Lemoyne

www.jft-rvss.org

LIFEPATH CHRISTIAN MINISTRIES

Offers a life transformation program for those who sincerely want to beat their addictions. Formerly York Rescue Mission.

717-845-7662

363-373 West Market Street, York

www.lifepathyork.org

NARCOTICS ANONYMOUS

To find a meeting:

www.na.org

OPIOID PROBLEMS

Pennsylvania helpline

800-662-HELP

See Advancement in

Recovery Program listed above

Also: www.overdosefreepa.pitt.edu

PARTNERSHIP FOR DRUG-FREE KIDS

Helps families struggling with their son or daughter's substance use.

855-378-4373 (helpline)

www.drugfree.org

**PENNSYLVANIA DEPARTMENT OF DRUG
AND ALCOHOL PROGRAMS.**

www.ddap.pa.gov

PERRY HUMAN SERVICES

Provides treatment to individuals struggling because of substance use.

717-582-8703

Mulhollem Office Centre

8391 Spring Road, New Bloomfield

www.perryhumanservices.org

**ST. MARTIN DE PORRES CATHOLIC WORKER
HOUSE**

Works with men who have addictions.

1440 Market St., Harrisburg

230-8328

THE RASE PROJECT

Assists individuals affected by substance abuse.

717-232-8535
100 N. Cameron St.,
Suite 401-E, Harrisburg
www.raseproject.org

TEEN CHALLENGE HARRISBURG

Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.

717-933-4181
www.harrisburgtc.org

EATING DISORDERS

CONTACT HELPLINE

Information and referral service
800-932-4616
211 (information and referral)
www.contacthelpline.org

FOOD ADDICTS ANONYMOUS

www.foodaddictsanonymous.org

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS

ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and also provides resources for families, schools and the eating disorder community.

630-577-1330
www.anad.org

NATIONAL EATING DISORDERS ASSOCIATION

Supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

800-931-2237
www.nationaleatingdisorders.org

OVEREATERS ANONYMOUS

Offers a program of recovery from compulsive overeating, binge eating and other eating disorders using the 12-step program.

www.oa.org

PENN STATE CHILDREN'S HOSPITAL EATING DISORDERS PROGRAM

Outpatient treatment, intensive outpatient, and partial hospitalization/day treatment.

717-531-2099

EDUCATION FOR ADULTS

(See also MENTORING)

CENTRAL PENNSYLVANIA LITERACY COUNCIL

Committed to improving the literacy of all adults in Cumberland and Dauphin counties.

717-763-7522
225 Hummel Ave., Lemoyne
www.cplc-adultliteracy.blogspot.com

EMPLOYMENT SKILLS CENTER

Provides adult education and training in the greater Carlisle area.

717-243-6040
29 S. Hanover Street, Carlisle
www.employmentskillscenter.org

FRIENDS OVER FENCES

Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.

www.friendsoverfences.org

**LITERACY COUNCIL OF
LANCASTER-LEBANON**

243 Schneider Drive, Lebanon
717-274-2554
24 S. Queen St., Lancaster
717-295-5523
www.getliterate.org

PENN STATE EXTENSION OFFICES

Classes or individual consultations on food safety, food choices to improve health and human nutrition.

Cumberland
717-240-6500
Dauphin
717-921-8803
Perry
717-582-5150
Lebanon
717-270-4391
York
717-840-7408
Lancaster
717-394-6851

**PENNSYLVANIA COMMONWEALTH
WORKFORCE DEVELOPMENT SYSTEM**

Employment transition counseling, job training and job search resources.

Dauphin County:
717-783-3270
100 N. Cameron St., Suite 101, Harrisburg
Cumberland County:
717-243-4431
1 Alexandra Court, Carlisle
www.cwds.state.pa.us

PERRY COUNTY LITERACY COUNCIL

133 S. Fifth St., Newport
717-567-7323
866-781-7323
www.perryliteracy.com

PROBE

Potential Reentry Opportunities in Business and Education provides intensive career counseling, career readiness classes, new skills training, child care, and transportation resources. Counseling process is specifically designed for displaced homemakers and single parents to achieve economic independence for themselves and their families. .

Tri-county office
(Dauphin, Cumberland and Perry counties):
717-939-2260
Lebanon office
(also serves western Berks County):
717-273-2090
www.probepa.org

**TRI-COUNTY COMMUNITY ACTION
COMMISSION**

The Family Self Sufficiency Program is designed to empower low-income families to move out of poverty through one-on-one meetings to develop goals, manage finances, and provide support and assistance for up to five years.

717-232-9757
1514 Derry Street, Harrisburg
www.cactricounty.org

**TRI-COUNTY OIC
ADULT LEARNING CENTER**

Provides education and training services to more than 1,200 students each year at 20 sites in Cumberland, Dauphin, Perry, and York counties

717-238-7318
500 Maclay St., Harrisburg
www.tricountyoiic.org

YORK COUNTY LITERACY COUNCIL

Literacy services for adults.
717-845-8719
800 East King Street, York
www.yorkliteracy.org

YW-WORKS EMPLOYMENT PROGRAM
(YWCA of Greater Harrisburg)

*Offers skills assessment, training and help
with attaining employment*

717-234-7931

1101 Market St., Harrisburg

EMERGENCY HELP

(See also CONSUMER PROTECTION,
HEATING ASSISTANCE, MENTAL HEALTH
AND SHELTERS)

**AMERICAN RED CROSS OF THE
SUSQUEHANNA VALLEY**

866-311-3832

1804 N. Sixth St., Harrisburg

www.redcross.org/centralpa

CONTACT HELPLINE

Information and referral service.

800-932-4616

211 (information and referral)

www.contacthelpline.org

CRISIS INTERVENTION SERVICES

(Dauphin County)

*Provides psychiatric or mental health
emergency assistance, 24 hours a day,
7 days a week.*

Camp Hill area, 763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP

**CRISIS INTERVENTION SERVICES
(CUMBERLAND/PERRY COUNTIES)**

*Immediate help dealing with a
serious problem.*

Camp Hill, 763-2222

Carlisle, 717-243-6005

All other areas, 866-350-HELP

**HELP MINISTRIES OF CHRISTIAN
CHURCHES UNITED**

*Emergency services include food
referrals, emergency shelter, rent
assistance, home heating fuel, PPL
assistance, travel and prescription
assistance, and clothing referrals.*

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahbg.org

JOIN HANDS MINISTRY

*A contact and support center for persons
living in Perry County who are seeking
assistance with daily living concerns.*

717-582-7844

PO Box 335

25 E. McClure St., Suite 6, New Bloomfield

www.joinhands.help

LIHEAP

*Pennsylvania Low Income Home
Energy Assistance Program Hotline.
Helps low-income families pay their
heating bills.*

866-857-7095

NEW DIGS MINISTRY

*Helps people who are rebuilding their
lives by providing furnishings and
household goods.*

Open 9 a.m. to 12 p.m., Monday,
Wednesday, Friday; and 9 a.m. to 12 p.m.
second Saturday of month.

717-620-9735

5 Pleasant View Drive, Mechanicsburg

www.newdigsministry.org

NEW HOPE MINISTRIES

*Provides support for low-income
families in the Dillsburg, Dover, Hanover,
Mechanicsburg and the West Shore.*

211 S. Baltimore St., Dillsburg

717-432-2087

www.nhm-pa.org

**PENNSYLVANIA DEPARTMENT
OF HUMAN SERVICES**

www.dhs.pa.gov

PERRY HUMAN SERVICES

*Provides housing assistance and
emergency shelter services.*

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

PROSPERITY CENTERS

*A program of the United Way of the
Capital Region that helps individuals and
families learn to budget, plan
for unexpected circumstances and
manage their money.*

Locations:

New Hope Ministries

717-766-7333

5228 E. Trindle Road, Mechanicsburg
Northern Dauphin Human Services Center

717-905-2700

295 State Drive, Elizabethtown

Perry County Family Center

717-582-3656

8391 Spring Road #3, New Bloomfield

Tri-County Community Action Center

717-232-9757

1514 Derry St., Harrisburg

West Shore Community Prosperity Center

First Christian Church

717-763-4537

442 Hummel Ave., Lemoyne

VICKIE'S ANGEL FOUNDATION

*Provides a financial bridge for
families fighting cancer.*

www.vickiesangelfoundation.org

ETHNIC/RACIAL DISCRIMINATION OR INTIMIDATION

COMMUNITY JUSTICE PROJECT

*Mission is to protect and expand the
civil rights of poor families and
low-wage workers.*

800-322-7572

717-236-9486

118 Locust St., Harrisburg
www.communityjusticeproject.org

**FAIR HOUSING COUNCIL OF THE
CAPITAL REGION INC.**

*Seeks to eliminate discrimination in
housing, whether in the rental or sale of
property, by economic discrimination, or
the practices of financial institutions.*

717-238-9540

2100 N. Sixth St., Harrisburg

www.pafairhousing.org

**PENNSYLVANIA HUMAN RELATIONS
COMMISSION**

*Promotes equal opportunity for all and
enforces Pennsylvania's civil rights laws
that protect people from
unlawful discrimination.*

Executive office

333 Market St., Eighth floor, Harrisburg

717-787-4410

TTY 717-787-7279

Harrisburg regional office

333 Market St., Eighth floor, Harrisburg

717-787-9780

TTY 717-787-7279

www.phrc.state.pa.us

SOUTHERN POVERTY LAW CENTER

*The premier U.S. non-profit organization
monitoring the activities of domestic hate
groups and other extremists.*

www.splcenter.org

FOOD ASSISTANCE

(See also SOUP KITCHENS)
Where information is not listed,
call for days, times and place
food is distributed.

For additional information, contact
CENTRAL PA FOOD BANK at 717-564-1700
or find a location near you by zip at
www.centralpafoodbank.org
FIND FOOD tab.

ALLISON HILL COMMUNITY MINISTRY FOOD PANTRY

717-233-6441
Thursdays, 11:30 a.m. to 1 p.m.
Derry Street United Methodist Church
1508 Derry St., Harrisburg.

ANTIOCH TABERNACLE FOOD PANTRY, SOUP KITCHEN

717-233-8231
*Serves residents in 17103 and 17104 Zip
codes. Must have photo ID and current
address for verification. Also offers a
lunchtime meal program on Thursdays.
Food pantry hours, Tuesday, 12 to 1 p.m.
and Thursday, 11:30 a.m. to 1 p.m.*
*Also offers a Fresh Express to people (not
restrictive to 17103 and 17104 Zip codes) at
11 a.m. Tuesday. Must have photo ID.*
1920 North Street, Harrisburg
www.antioch-tabernacle.org

BETHANY CHURCH OF THE NAZARENE FOOD PANTRY

717-545-1632
*Serves residents of 17112
1st & 3rd Saturdays, 10 a.m. – 12 p.m.*
1605 Parkway West, Harrisburg

BIG SPRING AREA FOOD BANK

*For Newville areas residents
Usually last Monday of month, except for
months of May, November and December.*
717-422-4603
Big Spring United Lutheran Church
101 Crossroad School Road, Newville

BREAD OF LIFE OUTREACH

717-567-3333
Newport Assembly of God Church
*Emergency needs:
Monday, Wednesday,
Friday, 9 a.m. to 12 p.m.
35 N. Front St., Newport*
*Food distribution:
Second Saturday of month at Family Life
Center in Newport
Fourth Saturday of month at Newport
Assembly of God, Thompsontown campus*
www.breadoflifeoutreach.org

THE BRIDGE EMERGENCY FOOD BANK

(New Hope Ministries)
717-766-7333
*Food pantry is now being run as a mobile
food pantry of New Hope Ministries.
Distribution is second Wednesday of
month from 2 to 4:30 p.m.*
West Shore Senior Center, 122 Geary Ave.,
New Cumberland

CARING CUPBOARD

Palmyra Area Cooperating Churches
717-838-9493
*3 to 6 p.m. Monday; 10 to 11:30 a.m. and
5:30 to 7 p.m. Wednesday;
and 12 to 2 p.m., Friday*
131 N. Railroad St., Palmyra
www.pacministry.org

CATHOLIC HARVEST FOOD PANTRY

Operates food pantry in York County. Hours are 6 to 7 p.m. Monday through Friday, 9 a.m. to 12 p.m. first and third Thursday of month, and 3:45 to 4:45 p.m. fourth Monday and fourth Friday of month.
717-846-8899

628 E. Market St., York
www.catholicharvest.org

CHRISTIAN LIFE ASSEMBLY FOOD BANK

Serves residents in the 17011 zip code.
717-737-6560

Operates 9 a.m. to 12 p.m. on second Tuesday of month.

2645 Lisburn Road, Camp Hill

THE CROSSPOINT FOOD PANTRY

717-545-1911 (church office)

Serves residents in the 17103, 17109 and 17111 Zip codes Open on the first and third Saturdays of the month from 11:30 a.m. to 1:30 p.m.

6570 Mifflin Ave., Harrisburg
www.xpointumc.org

THE CUPBOARD AT CALVARY

717-545-0021

Serves residents in the 17109, 17111 and 17112 Zip codes.

4:30 to 6 p.m., second and fourth Thursdays of the month

Calvary United Methodist Church
4700 Locust Lane, Harrisburg.

www.calvaryunitedmethodist.org

ECUMENICAL FOOD PANTRY

717-233-6889

9:30 a.m. to 12 p.m. and 12:30 to 2 p.m. Monday through Friday, except Wednesday when morning closes at 11:30 a.m.

Messiah Lutheran Church

Sixth and Forster Streets, Harrisburg

www.ecumenicalfoodpantry.wordpress.com

ENOLA FOOD PANTRY

(New Hope Ministries)

Third Saturday of month from 10 a.m. to 12 p.m.

River of God Church

474 Wertzville Road, Enola

FEED MY SHEEP FOOD MINISTRY

717-877-0964

For Dauphin Borough and Middle Paxton Twp. residents only. Third Thursday of the month at 10 a.m. at Zion Evangelical Lutheran Church, Allegheny and Swatara streets, Dauphin.

GRANTVILLE AREA FOOD PANTRY

Serves residents of zip codes

17028, 17078, 17112

717-469-2444

Thursdays, 6 to 8 p.m., and Fridays, 10 a.m. to 12 p.m.

117 N. Faith Road, Grantville

GREATER ZION MISSIONARY BAPTIST CHURCH

717-541-0388

Third Monday of month, 5 to 7 p.m.

212 N. Progress Ave., Harrisburg

www.greaterzionbaptist.org

HARRISBURG BRETHERN**IN CHRIST CHURCH**

717-561-2170

Operates food pantry on second Thursday from 1 to 2 p.m. and fourth Thursday from 4 to 6 p.m.

2217 Derry St., Harrisburg

www.harrisburgbic.org

HARRISBURG FOOD MINISTRY

717-761-2933, x321

*Distributes food from 10:45 a.m. to 12 p.m.**Wednesday at Bethel AME Church,**1721 N. Fifth St., Harrisburg, and**10:45 a.m. to 12 p.m. Friday at First Church
of the Brethren,**219 Hummel St., Harrisburg**www.harrisburgfoodministry.org***HALIFAX UNITED METHODIST CHURCH***Serves residents in Halifax**and Millersburg area*

717-896-8092

*9 to 11 a.m. Mondays,**4 to 6 p.m. Tuesdays and Thursdays**9 to 11 a.m., 1st, 3rd and 5th Saturdays*

105 Wind Hill Road, Halifax

*www.halifaxumc.com***HERSHEY FOOD BANK**

717-520-3143

*Distribution to established clients on first**and third Thursdays of month,**9 to 11:30 a.m. and 5 to 7 p.m.; and third**Wednesday of month, 9 to 11:30 a.m.;**17033 Zip Code*

120 E. Derry Road, Hershey

*www.hersheyfoodbank.com***HUMMELSTOWN MINISTERIUM FOOD
PANTRY**

717-566-2589

*Serves residents of Hummelstown 17036**zip code; Wednesdays 9 a.m. -3:15 p.m.;**Thursdays 5 – 7:15 p.m.*

Zion Lutheran Church; 100 West Main

Street, Hummelstown

**INTERFAITH COUNCIL OF MIDDLETOWN
FOOD PANTRY**

717-944-5668

*Serves residents in 17057 Zip code.**Tuesdays and Fridays**10 a.m. to 12:30 p.m.*

201 Wyoming St., Royalton

INTERNATIONAL SERVICE CENTER

717-236-1523

*Tuesday, Wednesday and Thursday**10 a.m. to 3 p.m.*

21 S. River St., Harrisburg

*www.isc76.org***THE KING'S KETTLE FOOD PANTRY**

717-530-9200

*Open 1st, 2nd & 3rd Tuesdays of**month 5 to 6 p.m.*

30 North Fayette Street, Shippensburg

KINGDOM EMBASSY FOOD PANTRY

717-236-8600

*Serves residents of 17110 zip code**Every other Friday, 6-7 p.m.;**Call to confirm date*

2111 N. 4th Street, Harrisburg

**LEBANON COUNTY
CHRISTIAN MINISTRIES***Food Pantry services for**Lebanon County residents*

717-272-4400

*www.lccm.us***MACEDONIA MISSIONARY
BAPTIST CHURCH**

717-232-8946

*Operates food bank from**4:30 to 6 p.m. on Fridays.*

2339 N. Sixth St., Harrisburg

MANNA FOOD PANTRY*(Penbrook United Church of Christ)*

717-602-5835

*Serves residents in 17103, 17104**and 17109 Zip codes.**Thursdays, 6 to 8 p.m., by appointment*

56 Banks St., Penbrook

MILLERSBURG ASSEMBLY OF GOD CHURCH

(Bread of Life Food Ministry)

717-692-3904

Second Saturday of month at 9:30 a.m.

2261 Shippen Dam Road, Millersburg

www.millersburgag.org

MOUNT HOLLY SPRINGS UNITED**METHODIST CHURCH**

717-486-4883

Offers food bank serving residents in

Mount Holly Springs, Gardners and

Boiling Springs.

202 W. Butler St., Mount Holly Springs

NEW HOPE MINISTRIES

(Crisis Assistance Programs)

717-432-2087

Mobile food pantries in East Berlin, Enola,

Lemoyne, Littlestown, New Cumberland

and Wellsville

www.nhm-pa.org

NORTHERN DAUPHIN FOOD PANTRY

Serves zip codes 17005, 17023, 17030,

17048, 17080, 17097, 17098 and 17980

Choice Pantry hours by appointment

Monday through Friday.

295 State Road, Elizabethville, PA

717-905-2512

OUR LADY OF THE BLESSED**SACRAMENT FOOD PANTRY**

717-233-1014

Open every Tuesday from 10 a.m. to 1 p.m.

Clients are limited to one visit a month.

2121 N. Third St.

www.olbsharrisburg.org

PERRY COUNTY FOOD BANK

For eligible Perry County residents

8:45 to 11:45 a.m. and 1 to 3 p.m.,

Monday and Wednesday;

8:45 to 11:45 a.m. Friday.

Also, 4:30 to 6:30 p.m. on Monday

following third Saturday of month

717-582-9978

300A S. Carlisle St., New Bloomfield

www.perrycountyfoodbank.org

PRINCE OF PEACE / MARY'S HELPERS**FOOD PANTRY**

717-985-1332

Serves residents of Steelton and Highspire

Tuesdays, 10 a.m. – 12 p.m.; 5-7 p.m.

(call to confirm dates/times!)

815 S. Second Rear, Steelton

www.hbgdiocese.org/parishes/

prince-of-peace-steelton

PROJECT SHARE FOOD BANK

717-249-7773

Distributes food to residents in the Carlisle/

Boiling Springs area during the week that

contains the third Thursday of the month.

Distribution during this week: 12 to 2 p.m.

Tuesday; 9 to 11 a.m. Wednesday;

3:30 to 5:30 p.m. Thursday;

and 9 to 11 a.m. Saturday.

5 N. Orange St., Suite 4, Carlisle

www.projectshare.net

SALVATION ARMY FOOD PANTRY

Choice Pantry Services

by appointment Mon-Fri

Serving 17101, 17102,

1122 Green St., Harrisburg

717-233-6755

pa.salvationarmy.org/harrisburg-pa/

[emergency_food_assistance](#)

ST. FRANCIS OF ASSISI FOOD BANK
717-232-1003

Serves residents in the 17103 and 17104 Zip codes in Allison Hill area. Must show proof of residency.

*Saturdays from 9:30 to 10:30 a.m.
1459 Zarker St., Harrisburg*

UPPER DAUPHIN HUMAN SERVICES CENTER

Operates food bank from 9 to 11 a.m. and 1:30 to 3:30 p.m. Monday through Friday. Individuals and families needing food are served one time per month.

717-453-9352

517 Main St., Lykens

www.orgsites.com/pa/udhumanservices

WEST SHORE CENTER FOOD PANTRY

(New Hope Ministries)

717-774-6255

Serves residents in Lemoyne, New Cumberland, Camp Hill, Wormleysburg, Enola and Marysville.

*Monday through Friday,
9:30 a.m. to 3:30 p.m.*

*First and third Saturday of month,
10 a.m. to 12 p.m.*

*701 Bosler Ave., Lemoyne
www.nhm-pa.org*

GAMBLING

GAMBLERS ANONYMOUS

855-222-5542 (Delaware Valley)
www.gamblersanonymous.org

**NATIONAL COUNCIL ON
PROBLEM GAMBLING**

1-800-522-4700

www.ncpgambling.org

**PENNSYLVANIA PROBLEM
GAMBLING HOTLINE**

877-565-2112

www.paproblemgambling.com

GAY/LESBIAN AND RELATED ORGANIZATIONS

ALDER HEALTH SERVICES

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.

717-233-7190

100 N. Cameron St., Harrisburg
www.alderhealth.org

**CENTRAL PENNSYLVANIA GAY AND
LESBIAN CHAMBER OF COMMERCE**

Committed to expanding the economic interest of LGBT-owned and allied businesses through advocacy, education and partnerships with the local business community.

Box 135, Harrisburg, 17108
www.cpglcc.org

EQUALITY PENNSYLVANIA

State's leading organization advancing equality and opportunity for lesbian, gay, bisexual and transgender people.

717-319-5210

202 State St., Harrisburg
www.equalitypa.org

THE FOUNDATION FOR HOPE

A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.

24-hour hotline

1-855-HOPE-611

www.hope611.org

GLBT NATIONAL HOTLINE

Serves callers of all ages
888-843-4564

LGBT CENTER OF CENTRAL PENNSYLVANIA
A volunteer-led effort to create a regionally representative community center that is both a location and a unifying point for central Pennsylvania's diverse and multi-county LGBT population.
717-920-9534

1306 N. Third St., Harrisburg
www.centralpalgbtcenter.org

PENNSYLVANIA YOUTH CONGRESS
Pennsylvania's first and only statewide LGBTQ youth advocacy organization.
717-743-1035

413 Walnut St., Harrisburg (field office)
www.payouthcongress.org

PRIDE FESTIVAL OF CENTRAL PA
717-801-1830
PO Box 4213, Harrisburg 17111
www.centralpapridedefestival.com

TRANSCENTRALPA
Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.
www.transcentralpa.org

THE TREVOR PROJECT
Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.
866-488-7386
www.thetrevorproject.org

HEATING ASSISTANCE

(See also CONSUMER PROTECTION & EMERGENCY HELP)

COMPASS
An online application for Pennsylvanians to apply for many health and human service programs.
www.compass.state.pa.us

CUMBERLAND COUNTY ASSISTANCE OFFICE
800-269-0173
717-240-2700
33 Westminster Drive, Carlisle

DAUPHIN COUNTY ASSISTANCE OFFICE
800-788-5616
717-787-2324
2432 N. Seventh St., Harrisburg

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED
Administers PPL's regional energy assistance program.
717-238-2851
413 S. 19th Street, Harrisburg
www.ccuahbg.org

JOIN HANDS MINISTRY
A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.
717-582-7844
PO Box 335
25 E. McClure St., Suite 6, New Bloomfield
www.joinhands.help

LEBANON COUNTY CHRISTIAN MINISTRIES
Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.
717-272-4400
www.lccm.us

LIHEAP

Pennsylvania Low Income Home Energy Assistance Program offers financial help to households suffering from heating crises.

Hotline:

866-857-7095

NEW HOPE MINISTRIES

Provides utility assistance for people in Dillsburg, Dover, Hanover and Mechanicsburg/West Shore areas.

211 S. Baltimore St, Dillsburg
717-432-2087

www.nhm-pa.org

PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner.

800-692-7380

400 North St., Keystone Building,
Harrisburg

www.puc.state.pa.us

TRI-COUNTY COMMUNITY ACTION COMMISSION

Offers income-qualified PPL customers an opportunity to establish payment plans on arrears while continuing service. Clients manage utility billing while learning the fundamentals of budgeting, energy and electricity usage in their homes.

717-237-9757

1514 Derry Street, Harrisburg
www.cacatricounty.org

UGI

Customer Assistance and Referral Evaluation Services (C.A.R.E.S.) can provide referrals to other helpful programs in your community. These programs can include the Low Income Home Energy Assistance Program (LIHEAP), budget counseling, State Weatherization or Office of Aging programs.

800-844-9276

www.ugi.com

UPPER DAUPHIN HUMAN SERVICES CENTER

717-453-9352

517 Main St., Lykens

www.orgsites.com/pa/udhumanservices

HISPANIC COMMUNITY

CENTRO HISPANO JOSE E. HERNANDEZ

Assists Hispanic community in York.

717-846-9434

225 E. Princess St., York

HISPANIC CHAMBER OF COMMERCE OF CENTRAL PENNSYLVANIA

Assists, supports, promotes, and advocates on behalf of Hispanic businesses in the Central Pennsylvania area (Dauphin, Cumberland, Lancaster, York, and Perry Counties).

717-234-2222

112 Market St., #415, Harrisburg
www.hispanicchambercentralpa.com

HISPANIC OUTREACH PROGRAM

(Salvation Army)

717-273-2655

1031 Guilford St., Lebanon

**LATINO HISPANIC AMERICAN
COMMUNITY CENTER**

*Mission is to empower, promote, and
advocate for the Latino Hispanic American
community of the greater Harrisburg area.*

717-232-8302
1301/1319 Derry St., Harrisburg
www.lhacc.org

SPANISH AMERICAN CIVIC ASSOCIATION

*Mission is to foster and perpetuate the
cultural, social and economic well-being
of Latinos residing in the City and
County of Lancaster.*

717-397-6267
545 Pershing Ave., Lancaster
www.sacapa.org

HOUSING

(See also SHELTERS)

BELL FAMILY SHELTER

(Bell Socialization Services)

If your family or a York County family you
know is homeless or facing homelessness,
the shelter services team at Bell Family
Shelter can help determine options and
resources.

717-845-9536
www.bellsocialization.com

BETHESDA MISSION

*Operates a shelter in Harrisburg
for homeless men.*

717-257-4440
611 Reily St., Harrisburg
www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION

*Helps homeless and low-income individuals
and families achieve their potential.*

717-233-6016
219 Hummel St., Harrisburg
www.bha-pa.org

BRIDGE OF HOPE HARRISBURG AREA

*Mission is to end and prevent homelessness
for single mothers and their children.*

PO Box 15212, Harrisburg 17105
www.harrisburg.bridgeofhopeinc.org

**CAPITAL AREA COALITION ON
HOMELESSNESS**

*Comprises more than 70 organizations,
agencies, churches and other non-profits,
to mobilize resources to help families
and friends who are homeless, or are
dangerously close to becoming homeless.*

717-255-6587
10 N. Second St., Suite 405, Harrisburg
www.cachpa.org

COMMUNITY JUSTICE PROJECT

*Mission is to protect and expand the
civil rights of poor families and
low-wage workers.*

800-322-7572
717-236-9486
118 Locust St., Harrisburg
www.communityjusticeproject.org

**CUMBERLAND COUNTY HOUSING AND
REDEVELOPMENT AUTHORITIES**

717-249-1315
866-683-5907
114 N. Hanover Street, Carlisle
www.cchra.com

DELTA COMMUNITY

(Gaudenzia Inc.)

*Provides transitional housing for
single-parent, homeless families.*

717-232-2970
1910 N. Second St., Harrisburg

**FAIR HOUSING COUNCIL OF THE
CAPITAL REGION INC.**

Provides comprehensive services that address and promote fair housing (anti-discrimination) rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, familial status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

2100 N. Sixth St., Harrisburg
www.pafairhousing.org

**FAMILY PROMISE OF HARRISBURG
CAPITAL REGION**

Serves families who recently lost their homes.

717-737-1100

PO Box 292, Lemoyne
www.familypromisehr.org

**HABITAT FOR HUMANITY OF THE GREATER
HARRISBURG AREA**

An ecumenical housing ministry with the goal of eliminating poverty housing.

717-545-7299

900 S. Arlington Ave., Harrisburg
www.harrisburghabitat.org

**HARRISBURG CENTER FOR
PEACE AND JUSTICE**

*(Pennsylvania Coalition to
End Homelessness)*

717-233-3072

315 Peffer Street, Harrisburg

HARRISBURG HOUSING AUTHORITY

717-232-6781

351 Chestnut St., Harrisburg
www.harrisburghousing.org

**HELP MINISTRIES OF CHRISTIAN
CHURCHES UNITED**

Rental assistance program.

717-238-2851

413 S. 19th Street, Harrisburg
www.ccuahbg.org

HOUSING ALLIANCE OF PENNSYLVANIA

Promotes common-sense solutions to balance Pennsylvania's housing market and increase the supply of safe, decent homes for low-income people.

Harrisburg office

717-909-2006

610 N. Third St., Harrisburg
www.housingalliancepa.org

**HOUSING AUTHORITY OF THE
COUNTY OF DAUPHIN**

717-939-9301

501 Mohn St., Steelton
www.dauphinhousing.org

JUBILEE MINISTRIES

Operates a homeless resource center.

717-274-7528

235 S. 12th St., Lebanon
www.jub.org

LIFEPATH CHRISTIAN MINISTRIES

Offers emergency shelter for men and women. Formerly York Rescue Mission.

717-845-7662

363-373 West Market Street, York
www.lifepathyork.org

LIGHTHOUSE OUTREACH CENTER

An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg
www.lighthouseoutreachhbg.org

LOURDESHOUSE MATERNITY SERVICES

Temporary home for pregnant young women who have nowhere else to turn.

717-412-4865

120 Willow Road, Suite A., Harrisburg
www.cchbg.org

PAXTON MINISTRIES

A Christ-centered, nonprofit organization providing affordable housing and support services to adults in need, many of whom are challenged with poverty, mental illness, or intellectual disabilities.

717-236-5508

2001 Paxton St., Harrisburg
www.paxtonmin.org

**PENNSYLVANIA HOUSING
FINANCE AGENCY**

Works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs.

717-780-3800

211 N. Front St., Harrisburg
www.phfa.org

PROMISE PLACE

(The Program It's About Change)

A 24-hour, seven-day-a-week transitional living facility for women released after prison.

717-985-6440

381 S. Second St., Steelton
www.theprogramhbg.org

SHALOM HOUSE

Provides temporary shelter for women and children who have nowhere else to go.

717-232-3482

www.shalomhouse.net

**TRI-COUNTY COMMUNITY ACTION
COMMISSION**

Offers classes on renting, home purchasing, credit and credit repair, and one-on-one counseling for mortgage and foreclosure assistance.

717-232-9757

1514 Derry Street, Harrisburg
www.cactricounty.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.

717-766-7652

5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

WILLOW WAY AND CRESCENT WAY

(Catholic Charities)

Transitional housing for women in recovery.

717-412-4594 (Willow Way)

120 Willow Road, Suite D, Harrisburg

717-547-6730 (Crescent Way)

1509 Crescent Ave., Lancaster
www.cchbg.org

IMMIGRATION

**CATHOLIC CHARITIES,
IMMIGRATION & REFUGEE SERVICES**

717-232-0568

939 East Park Drive, Suite 102, Harrisburg
www.cchbg.org

**CHURCH WORLD SERVICE IMMIGRATION &
REFUGEE PROGRAM**

Serves the refugee and immigrant communities of central Pennsylvania

717-381-2890

308 E. King St., Lancaster
www.cwslancaster.org

INTERNATIONAL SERVICE CENTER

Immigration services.

717-236-9401

21 S. River St., Harrisburg

www.isc76.org

PENNSYLVANIA IMMIGRANT & REFUGEE**WOMEN'S NETWORK**

Created to honor and enhance the lives of refugee and immigrant women in Pennsylvania.

PO Box 238, Enola

www.pairwn.org

PENNSYLVANIA IMMIGRATION**RESOURCE CENTER**

Provides free, effective legal representation, legal services, education and advocacy to help immigrants obtain or protect their legal status.

717-600-8099

112 Pleasant Acres Road, Suite I, PO Box 20339, York.

www.pirclaw.org

PENNSYLVANIA REFUGEE**RESETTLEMENT PROGRAM**

Provides a continuum of employment, educational, case management, health and financial support services to newly arrived refugees in the Commonwealth.

www.refugeesinpa.org

LEGAL AID**AMERICAN CIVIL LIBERTIES UNION**

South Central PA Chapter

717-238-2258

PO Box 11761, Harrisburg, 17108

www.aclupa.org

MIDPENN LEGAL SERVICES

Offers assistance in filing a protection from abuse (PFA) petition.

Harrisburg office:

213-A N. Front St., Harrisburg

717-232-0581

800-932-0356

Carlisle office:

401 E. Louthers St., Suite 103, Carlisle

717-243-9400

800-822-5288

Lancaster office:

38 N. Christian St., Suite 200, Lancaster

800-732-0025

717-299-0971

Lebanon office:

513 Chestnut St., Lebanon

717-274-2834

800-326-9177

York office:

29 N. Queen St., York

717-848-3605

www.midpenn.org

PBA LAWYER REFERRAL SERVICE

800-692-7375

717-238-6807

Cumberland County

717-249-3166

Dauphin County

232-7536

Lancaster County

717-393-0737

Lebanon County

717-273-3133

York County

717-854-8755

www.pabar.org

MEDICAL

(See also AIDS, BREAST CANCER,
EATING DISORDERS,
MENTAL HEALTH, POISON)

ADVANCEMENT IN RECOVERY PROGRAM (Pennsylvania Psychiatric Institute)

Offers private and professional treatment for individuals struggling with opioid use disorder. Clinic hours are Monday, 1 to 5 p.m.; Thursday, 8 a.m. to 5 p.m.; and Friday, 8 a.m. to 4:30 p.m.

717-480-8083

2626 N. Third St., Harrisburg

AMERICAN CANCER SOCIETY HOPE LODGE OF CENTRAL PENNSYLVANIA

Offers lodging at no cost for cancer patients being treated in the Central Pennsylvania area.

717-533-5111

123 Lucy Ave., Hershey

www.cancer.org/hopelodgehershey

BEACON CLINIC

A free, faith-based healthcare clinic providing preventive care and counseling to underserved and uninsured adults in Harrisburg community.

Tuesdays, 3 to 7 p.m.;

Thursdays, 10 a.m. to 2 p.m. and 3 to 7 p.m.

717-775-1111

248 Seneca St., rear, Harrisburg

www.beaconclinicpa.org

CENTERS FOR DISEASE CONTROL AND PREVENTION

800-232-4636

www.cdc.gov

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

Puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

800-986-5437

www.chipcoverspakids.com

COMMUNITY CHECK UP-CENTER

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

Pediatrics, 8:30 a.m. to 4:30 p.m. Monday through Friday

Women, 9 a.m. to 4:30 p.m.

Tuesdays and Fridays

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

COMPASS

An online application for Pennsylvanians to apply for many health and human service programs.

www.compass.state.pa.us

FAMILY FIRST HEALTH

Provides medical and dental services and offers reduced fee program.

Offices:

116 South George St, York:
717-845-8617;

Hannah Penn Center:

415 E. Boundary Ave., York
717-843-5174;

Lewisberry Center

308 Market St., Lewisberry
717-938-6695;

Hanover Center

1230 High St., Hanover

717-632-9052;

Gettysburg Center

1275 York Road, Suite 17, Gettysburg
717-337-9400

Columbia Center

369 Locust St., Columbia
717-342-2577

www.myfamilyfirsthealth.org

GEISINGER HOLY SPIRIT MISSION OF MEDICAL OUTREACH

Nurse-run clinic based at Christ Lutheran Church, 124 S. 13th St., Harrisburg.

Hours are 10 a.m. to 2:30 p.m.

Monday through Friday.

717-236-8382.

HAMILTON HEALTH CENTER

717-232-9971

Offers medical and dental care at 110 S.

17th St., Harrisburg.

7 a.m. to 7 p.m., Mondays and Wednesdays

7 a.m. to 8 p.m., Tuesdays and Thursdays

8 a.m. to 5 p.m., Fridays

8 a.m. to 12 p.m. every other Saturday.

www.hamiltonhealthcenter.com

HEALTHCARE MARKETPLACES

As part of Affordable Care Act, people can apply for coverage and compare available plans.

www.healthcare.gov

HOPE WITHIN MINISTRIES COMMUNITY HEALTH CENTER

A community health center that provides free primary health care services to the medically uninsured, financially needy residents of Lancaster and Dauphin counties.

717-367-9797

4748 E. Harrisburg Pike, Elizabethtown
www.hopewithin.org

HOSPICE OF**CENTRAL PENNSYLVANIA**

Provides support for individuals and families who are coping with any type of life-limiting illness.

717-732-1000

866-779-7374

1320 Linglestown Road., Harrisburg
(main office)

www.hospiceofcentralpa.org

LEBANON FREE CLINIC

(Lebanon Rescue Mission)

717-273-2715

135 S. Ninth St., Lebanon

www.lebanonrescuemission.org

LION CARE

(Penn State College of Medicine)

Offers free health services to adults in the central Pennsylvania area. Clinics are on Thursday evenings. Call for schedule

717-257-4440, x312

611 Reily St., Harrisburg

www.lioncare.org

MEDICAID

Provides health coverage to low-income people and is one of the largest payers for health care in the United States.

www.medicaid.gov

MISSION OF MERCY

*Medical services available twice monthly on Thursdays. Harrisburg clinic at Harrisburg Brethren in Christ Church, 2217 Derry St., Harrisburg.
717-315-9813
www.amissionofmercy.org*

PACE AND PACENET

*State prescription assistance program for older adults.
800-225-7223*

PENNSYLVANIA DEPARTMENT OF HEALTH

877-724-3258
www.health.pa.gov

PENNSYLVANIA HEALTH LAW PROJECT

*Consultant on access to health care for low income consumers, elderly and persons with disabilities.
800-274-3258
www.phlp.org*

PINNACLEHEALTH CHILDREN AND TEEN CENTER

*Children from birth to 18 can receive comprehensive healthcare, regardless of families' ability to pay.
8 a.m. to 4:30 p.m. Monday through Friday.
717-782-4650
2645 N. Third St., Second floor, Harrisburg*

PLANNED PARENTHOOD

Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.
Harrisburg Medical Center
1514 North 2nd Street, Harrisburg
717-234-2468.
Lancaster Medical Center
31 S. Lime St., Lancaster
717-299-2891
York Center
728 Beaver St., York
717-845-9681.
www.plannedparenthood.org

PRESCRIPTION ASSISTANCE

www.padrugcard.com

RONALD MCDONALD HOUSE

*Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children's Hospital.
717-533-4001
745 W. Governor Road, Hershey
www.rmhc-centralpa.org*

SADLER HEALTH CENTER CORP.

*Provides services to uninsured and underinsured.
717-218-6670
8 a.m. to 5 p.m. Monday, Tuesday, Friday
9 a.m. to 5 p.m., Wednesday
8 a.m. to 7:30 p.m. Thursday
100 N. Hanover St., Carlisle;
Also, 8 a.m. to 4:30 p.m.
Monday through Friday
1104 Montour Road, Loysville
717-960-4380
866-723-5377
www.sadlerhealth.org*

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES HEALTH RESOURCES AND SERVICE ADMINISTRATION.

*Helps people find a nearby federally funded health center providing medical and dental care on a sliding pay scale.
www.hrsa.gov*

MENTAL HEALTH

(See also EMERGENCY HELP)

SUICIDE PREVENTION HOTLINE

800-273-8255
www.suicidepreventionlifeline.org

THE ADVOCACY ALLIANCE

Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.

717-835-2275

1512 E. Caracas Ave., Hershey

www.theadvocacyalliance.org

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

www.findtreatment.samhsa.gov

BELL SOCIALIZATION SERVICES

Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CASE MANAGEMENT UNIT OF DAUPHIN COUNTY

Mission is to plan with and support adults and children with mental disabilities, and their families when appropriate, to live full and inclusive lives within their communities.

717-232-8761

1100 S. Cameron St., Harrisburg

717-362-1212

295 State Drive, Elizabethtown

717-644-9600

1349 Cumberland St., Lebanon

www.cmu.cc

CONTACT HELPLINE

Information and referral service.

800-932-4616

211 (information and referral)

www.contacthelpline.org

CRISIS INTERVENTION SERVICES

(Dauphin County)

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

CRISIS INTERVENTION SERVICES

(Cumberland/Perry counties)

Immediate help dealing with a serious problem.

Camp Hill, 763-2222

Carlisle: 717-243-6005

All other areas, 866-350-HELP

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

Provides hope, help, support, and education to improve the lives of people who have mood disorders.

800-826-3632

www.dbsalliance.org

DIAKON FAMILY LIFE SERVICES

Provides compassionate counseling, family-based mental-health services, and related programming including a service specifically designed to assist children and youths who have problematic sexual behaviors.

866-700-6868

717-795-0330

960 Century Drive, Mechanicsburg

www.diakon.org

FAMILY BASED MENTAL HEALTH SERVICES

(Catholic Charities)

Designed to prevent hospitalization or out-of-home placement of children and adolescents with mental illness or emotional problems.

717-259-9537

6156 W. Canal Road, Abbotstown

www.cchbg.org

FRANKLIN FAMILY SERVICES

Provides variety of services to children, adults and families.

717-243-6500
816 Belvedere St., Carlisle
www.ffspa.com

GEISINGER HOLY SPIRIT HOSPITAL

Crisis Intervention

717-763-2222
866-350-4357
Teenline
24 hours, 7 days a week.
717-763-2345
800-722-5385

KEYSTONE HUMAN SERVICES

Mental Health Services

717-482-8500
8182 Adams Drive, Hummelstown
www.keystonehumanservices.org

**MENTAL WELLNESS AWARENESS
ASSOCIATION**

Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.

717-957-3432
www.mentalwellnessawareness.org

MYNDWORKS

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning. This specialized approach may be particularly beneficial to foster or adopted children.

717-233-1681
3333 N. Front St., Harrisburg

NATIONAL ALLIANCE ON MENTAL ILLNESS

Dauphin County
717-233-1164
2501 N. Third St., Harrisburg
www.nami-dauphincounty.org
Cumberland County
717-240-8715
PO Box 527, Carlisle
www.namipacp.org

NATIONAL INSTITUTE OF MENTAL HEALTH

Mission is to transform the understanding and treatment of mental illnesses through research.
www.nimh.nih.gov

NHS

Provides care and services to people with special needs.
888-647-0020
www.nhsonline.org

PEACE OF MIND PROJECT

Dedicated to raising awareness for those with mental health illness and helping them live healthier lives.

866-30-PEACE
www.peaceofmindproject.com

**PENN STATE HEALTH
MEDICAL GROUP-PSYCHIATRY**

Adult/child outpatient and adult partial hospital programs
717-531-8338

22 Northeast Drive, Entrance B, Hershey

PENNSYLVANIA CLUBHOUSE COALITION

Committed to improving the quality of life and community integration of people experiencing mental health recovery.

www.paclubhouse.org

**PENNSYLVANIA MENTAL HEALTH
CONSUMERS ASSOCIATION**

Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.

717-564-4930
4105 Derry St., Harrisburg
www.pmhca.org

**PENNSYLVANIA PSYCHIATRIC
INSTITUTE (PPI)**

Provides behavioral health services to the residents of Central Pennsylvania and surrounding region.

717-782-6420
2501 North Third Street, Harrisburg
www.ppiimhs.org

PHILHAVEN

Promotes hope, healing and wholeness through the provision of behavioral healthcare resources.

717-273-8871
800-932-0359
283 S. Butler Road
PO Box 550
Mt. Gretna
www.philhaven.org

PRESSLEY RIDGE

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.

888-777-0820
www.pressleyridge.org

**SUSQUEHANNA HARBOR SAFE HAVEN
(Christian Churches United)**

Provides shelter for single men with two or more bouts of homelessness and who have a diagnosed mental illness

717-232-5029
1805 N. 12th St., Harrisburg
www.ccuuhbg.org

MENTORS

(See also VOLUNTEER)

AMERICA'S PROMISE ALLIANCE

Devoted to improving the lives of young people.

202-657-0600
www.americaspromise.org

AMIRACLE4SURE

To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.

717-238-0100
1735 State St., Harrisburg
www.amiracle4sure.com

BETHESDA MISSION YOUTH CENTER

717-257-5484
1438 Herr St., Harrisburg
www.bethesdamission.org

**BIG BROTHERS/BIG SISTERS OF THE
CAPITAL REGION**

717-236-0199
1500 N. Second St., Suite H, Harrisburg
www.capbig.org

**BOYS AND GIRLS CLUB
OF HARRISBURG**

Offers a drug-free, alcohol-free atmosphere with caring professionals.

717-234-3268
1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
1313 Monroe St., Harrisburg
www.bgchbg.org

BOY SCOUTS OF AMERICA

Mechanicsburg service center
717-766-1591
One Baden Powell Lane, Mechanicsburg
www.newbirthoffreedom.org

BRIDGE OF HOPE HARRISBURG AREA

Vision is to end and prevent homelessness for women and children across the United States by calling churches into action.

717-635-5957

PO Box 15212, Harrisburg
www.bridgeofhopeinc.org

**CAPITAL REGION EX-OFFENDERS
SUPPORT COALITION**

To coordinate services that assist ex-offenders with successful re-entry that promotes public safety.

www.reentrynow.org

CENTER FOR CHAMPIONS

Mission is to share the love of Jesus through life-on-life mentoring relationships.

717-232-9675

251 Verbeke St., Harrisburg
www.centerforchampions.org

**CHRISTIAN RECOVERY
AFTERCARE MINISTRY**

Primary focus is crime prevention, reducing recidivism and promoting a safer community.

717-234-3664

509 Division St., Harrisburg
www.craminc.org

DRESS FOR SUCCESS

Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

717-232-1333

29 S. 10th St., Harrisburg
www.southcentralpa.dressforsuccess.org

FRIENDS OVER FENCES

Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.

www.friendsoverfences.org

GIRL SCOUTS IN THE HEART OF PA

800-692-7816

717-233-1656

350 Hale Ave., Harrisburg
www.gshpa.org

JOSHUA GROUP

An at-risk youth mentoring organization located and working with youth living primarily in the Allison Hill neighborhood of Harrisburg.

717-236-4464

1442 Market St., Harrisburg
www.joshuagroup.org

THE JT DORSEY FOUNDATION

Uses the medium of soccer to develop strong moral character, inspire academic excellence and promote community involvement for participants. Serves inner city youth ages five to 19 in the Harrisburg and Lebanon areas.

717-329-8937

1014 Cherrington Drive, Harrisburg
www.jtdorsey.org

JUMP STREET

Uses the arts to develop educational and economic opportunities for all ages.

717-238-1887

21 S. Third St., Harrisburg
www.jumpstreet.org

NATIONAL MENTORING PARTNERSHIP

www.mentoring.org

NEW HOPE MINISTRIES

Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.

211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

THE PROGRAM "IT'S ABOUT CHANGE"

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950
1515 Derry St., Harrisburg
www.theprogramhbg.org

TRI-COUNTY COMMUNITY ACTION COMMISSION

At-risk youth, ages 10 to 14, are matched with mentors ages 45+ to participate in life skills classes, community service and fun activities.

1514 Derry St., Harrisburg
717-232-9757
www.cactricounty.org

TRIPS FOR KIDS OF HARRISBURG

Provides bike trips to Harrisburg Area youth ages 10-18.
www.tfkofharrisburg.org

SALVATION ARMY

Offers youth programs that place special emphasis on activities that encourage character and life skills development.

717-233-6755
1122 Green St., Harrisburg
www.salvationarmyharrisburg.org

PARENTING

(Also see CHILDREN)

ASERT AUTISM RESOURCE CENTER

Pennsylvania's leading source of autism-related resources and information.
877-231-4244
www.paautism.org

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.
800-244-2425
717-732-8408
PO Box 101, Enola.
www.autismharrisburg.org

CARLISLE AREA FAMILY LIFE CENTER

A crisis pregnancy resource and support service.
717-243-1918
800-848-5683
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

ESCAPE FAMILY RESOURCE CENTER

ESCAPE's mission is to prevent child abuse and neglect before a child is hurt by providing intervention, education, and support programs to families in crisis.
www.learntoparent.org

FAMILY SUPPORT OF PRESSLEY RIDGE

Works to prevent child abuse and builds family strength through support and educational programs for parents and grandparents.
888-777-0820
www.familysupportcentralpa.org

GREATER HARRISBURG HEALTHY START

A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire, and Middletown.
717-909-1278

www.harrisburghealthystart.com

NATIONAL FATHERHOOD INITIATIVE

Vision is for every child to grow up with an involved, responsible and committed father.
301-948-0599

www.fatherhood.org

PARENTS HELPING PARENTS

A support helpline.
800-632-8188

www.parentshelpingparents.org

TRI-COUNTY COMMUNITY ACTION COMMISSION

Offers Parents as Teachers curriculum with a focus on parenting skills, household management and meeting developmental milestones for children. Additionally, offers one-on-one in-home education for parents of children 0-5 years of age.

1514 Derry St., Harrisburg
717-232-9757

www.cactricounty.org

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.

800-WIC-WINS (942-9467)

www.pawic.com

Services available at Hamilton Health Center
717-230-3909

POISON

**AMERICAN ASSOCIATION OF
POISON CONTROL CENTERS**
800-222-1222

CHILDHOOD LEAD POISONING PREVENTION PROGRAM

Pennsylvania Department of Health
800-440-5323

PREGNANCY SERVICES

(Also see WOMEN)

BETHANY CHRISTIAN SERVICES

(Harrisburg location)
2101 N. Front St., Harrisburg
717-238-3549
www.bethany.org

CARLISLE AREA FAMILY LIFE CENTER

A crisis pregnancy resource and support service.
717-243-1918
800-848-5683

155 N. Hanover St. Carlisle
www.carlislefamilylife.org

DIAKON PREGNANCY SERVICES

Offers free counseling to expectant mothers, with staff available to meet in total confidence at a location of your choice.

888-582-2230
www.diakon.org

GREATER HARRISBURG HEALTHY START

A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.

717-909-1278
www.harrisburghealthystart.com

HEART OF MARY PREGNANCY SUPPORT SERVICES

Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.

717-843-7986
26 E. College Ave., York

LIFELINE PREGNANCY CARE CENTER

Mission is to defend life and meet physical, social and spiritual needs of those who may be experiencing an unplanned pregnancy. Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183
403 Union St., Millersburg
www.lifeline-pcc.org

LOURDESHOUSE MATERNITY SERVICES (Catholic Charities)

Temporary home for pregnant young women who have nowhere else to turn.

120 Willow Road., Suite A, Harrisburg
717-412-4865
www.cchbg.org

MORNINGSTAR PREGNANCY SERVICES

Pregnancy-related services and information including free pregnancy tests.

3837 Walnut St., Harrisburg
717-220-3544
503 Bridge St., New Cumberland
717-220-3585
35 S. Union St., Middletown
717-827-6129
www.morningstarchoices.com

REAL ALTERNATIVES

Provides free, caring and completely confidential pregnancy and parenting support services.

888-LIFE-AID
www.realalternatives.org

PROSTATE CANCER

AMERICAN CANCER SOCIETY

800-227-2345
www.cancer.org

CANCER TREATMENT CENTERS OF AMERICA

844-500-1378
www.cancercenter.com/prostate

NATIONAL CANCER INSTITUTE

800-4-CANCER
www.cancer.gov/cancertopics/types/prostate

RAPE

(See also ABUSE, VICTIMS)

EMERGENCIES

911

DOMESTIC VIOLENCE HOTLINES

(By county)

ADAMS: 800-787-8106
CUMBERLAND: 800-852-2102
DAUPHIN: 800-654-1211
FRANKLIN/FULTON: 800-621-6660
JUNIATA/MIFFLIN: 717-242-2444
LANCASTER: 717-299-1249
LEBANON: 866-684-0451
NORTHUMBERLAND/UNION/SNYDER: 800-850-7948
PERRY: 800-852-2102
SCHUYKILL: 800-282-0634
YORK: 800-262-8444

**PENNSYLVANIA COALITION
AGAINST RAPE**

*Works to end sexual violence and
advocates for the rights and needs of
sexual assault victims.*

888-772-7227 (24-hour hotline)
717-728-9740

125 N. Enola Drive, Enola
www.pcar.org

**SEXUAL ASSAULT RESOURCE &
COUNSELING CENTER**

*Provides counseling, education,
advocacy and prevention programs on
sexual abuse issues.*

717-272-5308 (hotline Lebanon)
570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon
Schuylkill Office:

17 Westwood Centre, Pottsville
www.sarclebanon.org

YWCA OF GREATER HARRISBURG

*Violence intervention
and prevention services.*

Hotline

800-654-1211

www.ywcahb.org

YWCA OF YORK/VICTIM SERVICES

Sexual violence hotline

800-422-3204

717-854-3131

www.ywcayork.org

SENIOR CITIZENS

AARP

www.aarp.org

AREA AGENCIES ON AGING

(Usual sources for meals on wheels)

Cumberland County: 717-240-6110

Dauphin County: 717-780-6130

Lebanon County 717-273-9262

Perry County: 717-582-5128

York County: 717-771-9610

ALZHEIMER'S ASSOCIATION

*Mission is to eliminate Alzheimer's
disease through the advancement of
research, to provide and enhance care
and support for all affected, and to
reduce the risk of dementia through the
promotion of brain health.*

800-272-3900 (helpline)

www.alz.org

B'NAI B'RITH SENIOR CENTER

717-232-6757

130 S. Third St., Harrisburg

BIG SPRING SENIOR CENTER

717-776-4478

91 Doubling Gap Road, Suite 1, Newville

CARLISLE SENIOR ACTION CENTER

717-249-5007

20 E. Pomfret St., Carlisle

**EAST HANOVER TOWNSHIP
SENIOR CENTER**

717-469-7514

8848 Jonestown Road, Grantville

EDGEMONT SENIOR CENTER

717-554-7401

2400 Oxford Ave., Harrisburg

ELDER ABUSE AND NEGLECT

Hotline

800-490-8505

ELDER CARE

Nationwide service that connects older Americans and their caregivers with information on senior services.

800-677-1116
www.eldercare.gov

FRIENDSHIP SENIOR CENTER

717-657-1547
5000 Commons Drive, Harrisburg

GEISINGER HOLY SPIRIT HOSPITAL

Senior Adult Treatment Program helps older people deal with emotional and psychological problems associated with aging.

717-763-2219

HEINZ-MENAKER SENIOR CENTER

717-238-7860
1824 N. Fourth Street, Harrisburg

HOY/LATSHA SENIOR CENTER

717-939-9833
301 Mohn St., Steelton

JEWISH COMMUNITY CENTER

717-236-9555
3301 N. Front St., Harrisburg

LICK TOWERS SENIOR CENTER

717-233-0388
1301 N. Sixth St., Harrisburg

LYKENS BALLROOM SENIOR CENTER

717-453-8350
200 W. Main St., Lykens

MECHANICSBURG PLACE

717-697-5947
97 W. Portland St., Mechanicsburg

MEDICARE

www.medicare.gov
Centers for Medicare and Medicaid Services, www.cms.gov, provides information for the Medicare and Medicaid consumer.

MILLERSBURG SENIOR CENTER

717-692-2657
109 Edward Drive, Millersburg

MOHLER SENIOR CENTER

717-533-2002
25 Hope Drive, Hershey
www.mohlerseniorcenter.com

PACE AND PACENET

State prescription program for lower income seniors.

800-225-7223

PENNSYLVANIA DEPARTMENT OF AGING

www.aging.state.pa.us

PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES

Call with reports related to investment scams. Can file a complaint form online.

800-600-0007
www.dobs.pa.gov

PENNSYLVANIA SENIOR LAW HELPLINE

Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.

877-727-7529
www.seniorlawcenter.org

RED LAND SENIOR CENTER

717-938-4649
736 Wyndamere Road, Lewisberry
www.redlandseniorcenter.org

RSVP OF THE CAPITAL REGION

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.

717-541-9521

50 Utley Drive, Suite 500, Camp Hill
www.rsvpcapreg.org

THE RUTHERFORD HOUSE

717-564-5682

3300 Parkview Lane, Harrisburg

MARY C. SCHANER SENIOR CENTER

717-732-3915

East Pennsboro Twp. municipal building
98 S. Enola Drive, Enola

SHIPPENSBURG AREA SENIOR CENTER

717-300-3563

115 N. Fayette St. Shippensburg

SOCIAL SECURITY ADMINISTRATION

800-772-1213 (national)

888-327-1176 (local)

555 Walnut St., Suite 810, Harrisburg
www.ssa.gov

STEELTON SENIOR CENTER

717-649-0136

900 Cumber St., Steelton

WEST SHORE SENIOR CENTER

717-774-0409

122 Geary Ave., New Cumberland

SHELTERS

AGAPE FAMILY SHELTER

(Lebanon Rescue Mission)

Shelter for homeless women and their children.

717-272-6573

139 S. Ninth Street, Lebanon
www.lebanonrescuemission.org

BELL FAMILY SHELTER

The shelter services team can talk with you to determine options and resources.

717-845-9536

www.bellsocialization.com

BETHESDA MISSION

Operates a men's shelter.

717-257-4440

www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION

Helps homeless and low-income individuals and families achieve their potential.

717-233-6016

219 Hummel St., Harrisburg
www.bha-pa.org

CAPITAL AREA COALITION ON HOMELESSNESS

Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless, or are dangerously close to becoming homeless.

717-255-6587

10 N. Second St., Suite 405, Harrisburg
www.cachpa.org

CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER

717-249-1009

50 W. Penn St., Carlisle
www.carlislecares.org

CHRISTIAN CHURCHES UNITED

(Help Ministries)

717-238-2851

413 S. 19th St., Harrisburg
www.ccuahbg.org

FAMILY PROMISE OF HARRISBURG CAPITAL REGION

Serves families who recently lost their homes.

717-737-1100

PO Box 292, Lemoyne
www.familypromisehcr.org

**INTERFAITH SHELTER FOR
HOMELESS FAMILIES**
(Catholic Charities)

*Only homeless shelter in Harrisburg region
specifically serving families.*

717-652-8740

120 Willow Road, Suite C, Harrisburg

www.cchbg.org

JUBILEE MINISTRIES

Operates a homeless resource center.

717-274-7528

235 S. 12th St., Lebanon

www.jub.org

LEBANON COUNTY CHRISTIAN MINISTRIES

717-272-4400

250 S. Seventh St., Lebanon

www.lccm.us

LEBANON RESCUE MISSION

Homeless men's shelter.

717-273-2301

1223 Bittner Blvd., Lebanon

www.lebanorescuemission.org

LIFEPATH CHRISTIAN MINISTRIES

Offers shelters for men and women.

Formerly York Rescue Mission.

717-845-7662

363-373 West Market Street, York

www.lifepathyork.org

PERRY HUMAN SERVICES

*Offers temporary shelter to families or
individuals in need of emergency housing.*

717-582-8703

Mulhollem Office Centre

8391 Spring Road, New Bloomfield

www.perryhumanservices.org

SAFE HARBOUR

*Provides a continuum of housing services
for the homeless of Cumberland County.*

717-249-2200

102 W. High St., Carlisle

www.safeharbour.org

SHALOM HOUSE

*Provides temporary shelter for homeless
women and children.*

717-232-3482

www.shalomhouse.net

SILENCE OF MARY HOME

Serves the poor and homeless.

717-737-4107 (office)

www.thesilenceofmary.org

SUSQUEHANNA HARBOR SAFE HAVEN

(Christian Churches United)

*Provides shelter for single men with two or
more bouts of homelessness and who have
a diagnosed mental illness*

717-232-5029

1805 N. 12th St., Harrisburg

www.ccuahbg.org

YWCA OF GREATER HARRISBURG

*Emergency shelter provides housing to
single women and women with children for
up to 30 days.*

717-238-2851

www.ywcahbg.org

SOUP KITCHENS

(See also FOOD ASSISTANCE)

ANTIOCH TABERNACLE SOUP KITCHEN

Lunchtime meal program

Thursdays starting at 11 a.m.

717-233-8231

1920 North Street, Harrisburg

www.antioch-tabernacle.org

BETHESDA MISSION

*Evening meal served every night of the
week beginning at 4:30 p.m.*

717-257-4440

611 Reily St., Harrisburg

www.bethesdamission.org

CALVARY UNITED METHODIST CHURCH

*Community Meal served
every Wednesday 5-6 p.m.*
717-737-6921

700 Market Street, Lemoyne
www.lemoynecalvary.org

**CAMP CURTIN MEMORIAL – MITCHELL
SOUP KITCHEN**

Serves meals from 12 to 1 p.m.
Monday, Wednesday and Friday
717-233-0335

2221 N. Sixth St., Harrisburg

CATHEDRAL OF ST. PATRICK

*Breakfast on Saturday, 7:15 to 8:15 a.m.,
and dinner on Sunday from 5 to 6 p.m.*
717-232-2169

212 State Street, Harrisburg
www.stpatrickcathedral.com

DOWNTOWN DAILY BREAD

*Soup kitchen in downtown Harrisburg
serving lunch seven days a week
from 12:30 to 1:30 p.m.*
717-238-4717

234 South St., Harrisburg
www.downtowndailybread.org

**GATHER THE SPIRIT / COMMON GROUND
CAFE**

*Community meal program Mon-Wed-Fri
10 a.m. - 12 p.m.; Breakfast 2nd
& last Sat 9-11 a.m.*
717- 232-0877

1508 Market Street, Harrisburg
gatherthespirit.webs.com

GOD'S KITCHEN

*Middletown/Highspire UMC's
Community Meal Every Tuesday 6-7 p.m.*
1605 So. Geysers Church Road,
Middletown
717-368-0764

GREATER ZION HOMELESS MINISTRIES

*Serves a meal on Market Square
(Harrisburg)
Sunday 5:00 p.m.*

For more info call 717-541-0388
greaterzionbaptist.org/
ministry/homeless

**GRACE UNITED METHODIST CHURCH
(Helping Hands Ministries)**

Serves breakfast Sunday at 8 a.m.
216 State St., Harrisburg
717-238-6739

www.thehistoricgracechurch.org

**HELPING HANDS MINISTRIES OF
HARRISBURG, INC.**

717-919-4383

*Serves meals 4 to 6 p.m. Thursdays, Fridays
and Sundays at St. Michael Lutheran
Church, 118 State St., Harrisburg*
www.helpinghandsministries.org

ISAIAH 61 MINISTRIES

*Operates a soup kitchen from
5:30 to 7 p.m. Mondays and Thursdays at
36 Jacobs Church Road, Halifax.*

717-557-5166
www.isaiah61min.org

LEBANON COUNTY CHRISTIAN MINISTRIES

*Serves daily meals from
12 to 1 p.m., varying sites.*
717-272-4400
www.lccm.us

LIFEPATH CHRISTIAN MINISTRIES

*City soup kitchen and homeless shelter.
Formerly York Rescue Mission.*
717-845-7662

363-373 West Market Street, York
www.lifepathyork.org

OUR DAILY BREAD SOUP KITCHEN

*Serves Breakfast Mon-Fri 8:20-9 a.m.;
Lunch 10:50 a.m.-12 p.m.
717-848-1674
331 S. George Street, York*

ST. FRANCIS OF ASSISI CATHOLIC CHURCH SOUP KITCHEN

*Serves lunch Monday through Friday,
12:30 to 1 p.m.
717-236-4506
1459 Zarker Street, Harrisburg*

SALVATION ARMY SOUP KITCHEN

*Serves breakfast 7 to 8 a.m.
Monday through Friday
1122 Green St., Harrisburg
717-233-6755*

SUICIDE

(See also MENTAL HEALTH)

SUICIDE PREVENTLINE HOTLINE

800-273-8255

AMERICAN FOUNDATION FOR SUICIDE PREVENTION

*Raises awareness, funds scientific research
and provides resources and aid to those
affected by suicide.
888-333-2377
www.afsp.org*

THE FOUNDATION FOR HOPE

*A community outreach organization
providing direct support and service to
those affected by bullying, depression,
or suicide.
24-hour hotline
1-855-HOPE-611
www.hope611.org*

PLEASE LIVE

*Cultivates mental wellness through
education and awareness of youth and
young adult mental health challenges,
focusing primarily on depression, anxiety,
and suicide prevention.
PO Box 1281, Mechanicsburg
www.pleaselive.org*

TEENS

BOYS AND GIRLS CLUB OF HARRISBURG

*Offers a drug-free, alcohol-free atmosphere
with caring professionals.
717-234-3268
1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
1313 Monroe St., Harrisburg
www.bgchbg.org*

GLBT NATIONAL YOUTH TALKLINE

*Serves youth through age 25
800-246-7743*

GEISINGER HOLY SPIRIT HOSPITAL

*Teenline
24 hours, 7 days a week.
717-763-2345
800-722-5385*

NATIONAL EATING DISORDERS ASSOCIATION

*Supports individuals and families affected
by eating disorders, and serves as a
catalyst for prevention, cures and
access to quality care.
800-931-2237
www.nationaleatingdisorders.org*

NATIONAL HUMAN TRAFFICKING HOTLINE

*National anti-trafficking hotline
serving victims and survivors of human
trafficking and the anti-trafficking
community in the United States.*
888-373-7888
www.traffickingresourcecenter.org

NATIONAL RUNAWAY SAFELINE

800-RUNAWAY (786-2929)

TEEN CHALLENGE HARRISBURG

*Faith-based, adult, long-term, residential
rehabilitation program for men and
women struggling with chemical addiction.*
717-933-4181
www.harrisburgtc.org

THE TREVOR PROJECT

*Leading national organization providing
crisis intervention and suicide prevention
services to lesbian, gay, bisexual,
transgender and questioning (LGBTQ).
young people ages 13-24.*
866-488-7386
www.thetrevorproject.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

*A refuge for children who are the victims
of a negative social environment. Children
are referred primarily by county children
and youth agencies and family courts.*
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

YWCA OF GREATER HARRISBURG

1101 Market St., Harrisburg
717-234-7931
www.ywcahbg.org

VETERANS**DAUPHIN COUNTY VETERANS AFFAIRS**

717-780-6357
2 South Second Street Harrisburg,
fourth floor

HARRISBURG VET CENTER

717-782-3954
1500 N. Second St., Suite 2
Harrisburg

**ROBERT M. JACKSON
VETERANS CENTER, INC**

Assists homeless veterans and families.
717-695-6249
316 Carlisle St., Harrisburg
www.robertmjacksonveteranscenter.org

LEBANON VA MEDICAL CENTER

717-272-6621
800-409-8771
1700 S. Lincoln Avenue, Lebanon
www.lebanon.va.gov

**NATIONAL COALITION
FOR HOMELESS VETERANS**

*Resource and technical assistance
center for a national network of
community-based service providers and
local, state and federal agencies that
provide emergency and supportive
housing, food, health services, job training
and placement assistance, legal aid and
case management support for hundreds of
thousands of homeless veterans.*
877-424-3838 (24/7 crisis hotline)
800-VET-HELP
www.nchv.org

**PENNSYLVANIA DEPARTMENT OF MILITARY
AND VETERANS AFFAIRS**

*Provides advice and assistance to
Pennsylvania's more than 894,000
veterans and their families; provides
quality care to aging veterans.*

800-547-2838

www.paveterans.state.pa.us

www.dmva.state.pa.us

SHALOM HOUSE

*Helps provides transitional housing for
homeless women veterans and children.*

717-232-3482

www.shalomhouse.net

**SUPPORTIVE SERVICES FOR
VETERAN FAMILIES**

(Volunteers of America Pennsylvania)

*Provides low-income veteran families with
services aimed at preventing homelessness
and improving their stability. Serves Adams,
Cumberland, Dauphin, Lebanon, Lancaster,
Perry and York counties.*

717-236-1440

2112 Walnut St., Harrisburg

www.voapa.org/veteran-services

U.S. DEPARTMENT OF VETERAN AFFAIRS

VA Benefits 800-827-1000

GI Bill 888-442-4551

Healthcare benefits 877-222-8387

PTSD 802-296-6300

www.va.gov

VETERANS CRISIS LINE

800-273-8255 (press 1)

877-927-8387

YWCA VETERANS SERVICES

*Works closely with area service providers
and agencies to ensure that all veterans
and their families receive the best possible
care through eligible programs.*

717-234-7931

www.ywcahb.org

VICTIMS

(See also ABUSE, RAPE & WOMEN)

**PENNSYLVANIA COALITION
AGAINST DOMESTIC VIOLENCE**

*Private nonprofit organization working
to eliminate domestic violence, secure
justice for victims and help build new
lives free from abuse.*

National hotline

800-799-SAFE

Local numbers

545-6400

3605 Vartan Way, Suite 101

Harrisburg

www.pcadv.org

**PENNSYLVANIA COALITION
AGAINST RAPE**

*Works to end sexual violence and
advocates for the rights and needs of
sexual assault victims.*

888-772-7227 (24-hour hotline)

717-728-9740

125 N. Enola Drive, Enola

www.pcar.org

**PENNSYLVANIA OFFICE OF
THE VICTIM ADVOCATE**

*Dedicated to representing, protecting and
advancing the individual and collective
rights and interests of crime victims.*

800-563-6399

TTY: 877-349-1064

1101 S. Front St., Suite 5200, Harrisburg

www.ova.state.pa.us

VICTIM/WITNESS ASSISTANCE PROGRAM

(Dauphin County)

*Strives to empower victims, witnesses
and family members.*

888-292-9611

717-780-7075 (adult victims)

888-292-9611 (juvenile victims)

Dauphin County Courthouse

101 Market St., Second floor, Harrisburg

www.victimwitness.org

VICTIM SERVICES DIVISION

(Cumberland County)

Main office

717-240-6220

1 Courthouse Square, Carlisle

West Shore Office

717-761-5599

2120 Market St., Camp Hill

YWCA OF YORK/VICTIM SERVICES

Hotlines

Sexual violence, 800-422-3204 or

717-854-3131

Domestic violence, 800-262-8444 or

717-846-5400

www.ywcayork.org

VOLUNTEER

(See also EDUCATION FOR ADULTS
and MENTORING)

HABITAT FOR HUMANITY OF THE GREATER

HARRISBURG AREA

717-545-7299

900 S. Arlington Ave., Harrisburg

www.harrisburghabitat.org

LEND A HAND

*A local disaster response and
assistance program.*

717-731-8888

3040 Market St., Suite 1 Camp Hill

www.lendahand.net

MENNONITE DISASTER SERVICE

*Volunteer network of Anabaptist churches
that responds to those affected by disasters
in Canada and the United States.*

717-735-3536

800-241-8111

583 Airport Road, Lititz

www.mds.mennonite.net

RSVP OF THE CAPITAL REGION

*Promotes seniors as powerful contributors
to our neighborhoods and community
organizations that desperately need
additional human resources.*

717-541-9521

50 Utley Drive, Suite 500, Camp Hill

www.rsvpcapreg.org

UNITED WAY OF THE CAPITAL REGION

*Mission is to advocate for volunteerism
and serve as a clearinghouse for volunteer
opportunities and needs in Dauphin,
Cumberland and Perry counties.*

717-724-4055

2235 Millennium Way, Enola

www.uwcr.org

VOLUNTEERS OF AMERICA

717-236-1440

2112 Walnut St., Harrisburg

www.voapa.org

WOMEN

(See also CHILDREN, MEDICAL and
PREGNANCY SERVICES)

AGAPE FAMILY SHELTER

(Lebanon Rescue Mission)

*Shelter for homeless women
and their children.*

717-272-6573

139 South Ninth Street, Lebanon

BABIES

(Healthy Baby Helpline)
Pennsylvania Department of Health
provides information to those who are
pregnant or think they may be pregnant.
800-986-BABY

BABY LOVE

Provides free intensive case management
services designed to help women with
addictions. Participants must be Dauphin
County residents, pregnant or have a child
under 5 years of age. Program is part of
Hamilton Health Center.
866-530-2229
www.harrisburgbabylove.com

BETHESDA MISSION

Offers a place of healing, change and hope
for women in need of addiction recovery.
717-257-4440
www.bethesdamission.org

BETHANY CHRISTIAN SERVICES

(Harrisburg location)
2101 N. Front St., Harrisburg
717-238-3549
www.bethany.org

BRETHREN HOUSING ASSOCIATION

Helps homeless and low-income individuals
and families achieve their potential
717-233-6016
219 Hummel St., Harrisburg
www.bha-pa.org

BRIDGE OF HOPE HARRISBURG AREA

Mission is end and prevent homelessness
for single mothers and their children.
PO Box 15212, Harrisburg 17105
www.harrisburg.bridgeofhopeinc.org

CARLISLE AREA FAMILY LIFE CENTER

A crisis pregnancy resource
and support service.
717-243-1918
800-848-LOVE
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

COMMUNITY CHECK UP-CENTER

Provides comprehensive healthcare to
women and children in South Harrisburg as
well as the Tri-County area. No one is ever
denied services due to lack of insurance or
an inability to pay.
Pediatrics, 8:30 a.m. to 4:30 p.m. Monday
through Friday
Women, 9 a.m. to 4:30 pm. Tuesdays and
Fridays
717-233-1700
38C Hall Manor
www.communitycheckupcenter.org

DOMESTIC VIOLENCE

INTERVENTION OF LEBANON COUNTY

Women's shelter and counseling
service in Lebanon.
717-273-7190
866-686-0451
www.dviolc.org

DOMESTIC VIOLENCE HOTLINE

800-799-SAFE (7233)
TTY: 800-787-3224

DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES

800-852-2102

EVERGREEN HOUSE

(Catholic Charities)
Transitional housing for
single recovering women.
120 Willow Road, Suite B, Harrisburg
717-412-4594
www.cchbg.org

FAMILY HEALTH COUNCIL OF CENTRAL PA.

A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.

717-761-7380

3461 Market Street, suite 200, Camp Hill
www.fhccp.org

GREATER HARRISBURG HEALTHY START

A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.

717-909-1278

www.harrisburghealthystart.com

**HEART OF MARY PREGNANCY
SUPPORT SERVICES**

Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.

717-843-7986

26 E. College Ave., York

LIGHTHOUSE OUTREACH CENTER

An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg
www.lighthouseoutreachhb.org

LIFELINE PREGNANCY CARE CENTER

Mission is to defend life and meet physical, social and spiritual needs of those who may be experiencing an unplanned pregnancy. Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg
www.lifeline-pcc.org

**LOURDESHOUSE MATERNITY SERVICES
(Catholic Charities)**

Temporary home for pregnant young women who have nowhere else to turn.

120 Willow Road., Suite A, Harrisburg
717-412-4865

www.cchbg.org

**MORNINGSTAR
PREGNANCY SERVICES**

Pregnancy-related services and information including free pregnancy tests

3837 Walnut St., Harrisburg
717-220-3544

503 Bridge St., New Cumberland
717-220-3585

35 S. Union St., Middletown
717-827-6129

www.morningstarchoices.com

**PENNSYLVANIA BREAST
CANCER COALITION**

800-377-8828

2397 Quentin Road, Suite B, Lebanon
www.pabreastcancer.org

**PENNSYLVANIA
COMMISSION FOR WOMEN**

Responsible for advising the Governor on policies and legislation that impact women.

717-831-3224

www.governor.pa.gov/pennsylvania-commission-for-women

PINNACLEHEALTH WOMEN'S HEALTH

Offers comprehensive care from experts in women's health.

717-231-8900

PLANNED PARENTHOOD

Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

Harrisburg Medical Center
1514 North 2nd Street, Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Center

728 Beaver St., York

717-845-9681.

www.plannedparenthood.org

THE PROGRAM "IT'S ABOUT CHANGE"

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

www.theprogramhbg.org

**RAPE CRISIS SERVICES -
DOMESTIC VIOLENCE HOTLINE
YWCA OF GREATER HARRISBURG**

800-654-1211

1101 Market St., Harrisburg

www.ywcahbg.org

REAL ALTERNATIVES

Provides free, caring and completely confidential pregnancy and parenting support services.

888-LIFE-AID

www.realalternatives.org

SHALOM HOUSE

Provides temporary shelter for homeless women and children.

717-232-3482

www.shalomhouse.net

SILENCE OF MARY HOME

Serves the poor and homeless.

717-737-4107 (office)

www.thesilenceofmary.org

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.

800-WIC-WINS (942-9467)

www.pawic.com

Services available at
Hamilton Health Center

717-230-3909

**WILLOW WAY AND CRESCENT WAY
(Catholic Charities)**

Transitional housing for women in recovery.

717-412-4594 (Willow Way)

120 Willow Road, Suite D, Harrisburg

717-547-6730 (Crescent Way)

1509 Crescent Ave., Lancaster

www.cchbg.org

HELP BY AREAS

CUMBERLAND AND PERRY COUNTIES

THE ARC OF CUMBERLAND AND PERRY COUNTIES

For people with intellectual and developmental disabilities.

717-249-2611

71 Ashland Ave., Carlisle
www.cparc.org

BIG SPRING AREA FOOD BANK

For Newville areas residents.

Usually last Monday of month, 9 to 11 a.m.,
except for months of May, November
and December.

717-422-4603

Big Spring United Lutheran Church
101 Crossroad School Road, Newville

BREAD OF LIFE OUTREACH

Newport Assembly of God Church

Emergency needs:

Monday, Wednesday, Friday,
9 a.m. to 12 p.m.

35 N. Front St., Newport

Food distribution:

Second Saturday of month at Family Life
Center in Newport

Fourth Saturday of month at Newport
Assembly of God, Thompsontown campus

717-567-3333

717-567-9181

www.breadoflifeoutreach.org

THE BRIDGE EMERGENCY FOOD BANK

(New Hope Ministries)

717-766-7333

*Food pantry is now being run as a mobile
food pantry of New Hope Ministries.*

*Distribution is second Wednesday of month
from 2 to 4:30 p.m.*

West Shore Senior Center, 122 Geary Ave.,
New Cumberland

CARLISLE AREA FAMILY LIFE CENTER

*A crisis pregnancy resource
and support service.*

717-243-1918

155 N. Hanover St. Carlisle
www.carlislefamilylife.com

CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER

717-249-1009

50 W. Penn St., Carlisle
www.carlislecares.org

CHRISTIAN LIFE ASSEMBLY FOOD BANK

Normally operates 9 a.m. to 12 p.m. on
Tuesday following second Monday of
month. 2645 Lisburn Road, Camp Hill
717-737-6560

COMMON SENSE ADOPTION SERVICES

*A licensed, non-profit adoption and
foster care agency.*

717-412-0772

800-445-2444

3001 Market St., Camp Hill
www.commonsenseadoption.org

CONTACT HELPLINE

Information and referral service.

800-932-4616

211 (information and referral)
www.contacthelpline.org

CRISIS INTERVENTION SERVICES (CUMBERLAND/PERRY COUNTIES)

*Provides psychiatric or mental health
emergency assistance, 24 hours a day,
7 days a week.*

Camp Hill area, 763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP

CUMBERLAND COUNTY CHILDREN & YOUTH SERVICES

Provides professional social services in order to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120

888-697-0371

16 W. High St., Suite 200, Carlisle

CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES

717-249-1315

866-683-5907

114 N. Hanover Street, Carlisle

www.cchra.com

CUMBERLAND COUNTY AGING AND COMMUNITY SERVICES

717-240-6110

888-697-0371, x6110

1100 Clareomont Road, Carlisle

CUMBERLAND COUNTY ASSISTANCE OFFICE

Crisis grants available for emergencies.

717-240-2700

800-269-0173

33 Westminster Drive, Carlisle

DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES

800-852-2102

EMPLOYMENT SKILLS CENTER

Provides educational, counseling, training and employment services.

717-243-6040

29 S. Hanover Street, Carlisle

www.employmentskillscenter.org

ENOLA FOOD PANTRY

(New Hope Ministries)

Third Saturday of month from

10 a.m. to 12 p.m.

River of God Church

474 Wertzville Road, Enola

FAMILY HEALTH COUNCIL OF CENTRAL PA

A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.

717-761-7380

3461 Market Street, suite 200, Camp Hill

www.fhccp.org

JOIN HANDS MINISTRY

A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.

717-582-7844

PO Box 335

25 E. McClure St., Suite 6, New Bloomfield

THE KING'S KETTLE FOOD PANTRY

Open 1st, 2nd & 3rd Tuesdays

5 to 6 p.m.

Operated by Jesus Loves You Ministries, Inc.

717-530-9200

30 North Fayette Street, Shippensburg

MIDPENN LEGAL SERVICES

Offers assistance in filing a protection from abuse (PFA) petition.

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

www.midpenn.org

**MORNINGSTAR
PREGNANCY SERVICES**

Pregnancy-related services and information including free pregnancy tests.
503 Bridge St., New Cumberland
717-220-3585
www.morningstarchoices.com

**MOUNT HOLLY SPRINGS UNITED
METHODIST CHURCH**

Offers food bank serving residents in Mount Holly Springs, Gardners and Boiling Springs. Proof of residency is required.
Tuesdays from 12 to 2 p.m.
202 W. Butler St., Mount Holly Springs
717-486-4883

NEW HOPE MINISTRIES

Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.
717-432-2087
211 S. Baltimore St., Dillsburg
www.nhm-pa.org

PERRY COUNTY AGENCY ON AGING
717-582-5128

**PERRY COUNTY
ASSISTANCE OFFICE**
Crisis grants available for emergencies.
717-582-2127
800-991-1929
100 Centre Drive, New Bloomfield

**PERRY COUNTY
CHILDREN AND YOUTH SERVICES**
717-582-2076

PERRY COUNTY FAMILY CENTER

Promotes the positive development and healthy well-being of all young children in Perry County.
717-582-3656
8391-R Spring Road, Suite 3,
New Bloomfield
www.pcfamilycenter.org

PERRY COUNTY FOOD BANK

For eligible Perry County residents
8:45 to 11:45 a.m. and 1 to 3 p.m.,
Monday and Wednesday;
8:45 to 11:45 a.m. Friday
717-582-9978
300A S. Carlisle St., New Bloomfield
www.perrycountyfoodbank.org

PERRY HUMAN SERVICES

Provides drug and alcohol services, adult social services, and educational programs in the schools and in the community
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield

PERRY COUNTY LITERACY COUNCIL

717-567-7323
866-781-7323
133 S. Fifth St., Newport
www.perryliteracy.com

PROJECT SHARE FOOD BANK

Distributes food to residents in the Carlisle/Boiling Springs area during the week that contains the third Thursday of the month.
Distribution during this week: 12 to 2 p.m.
Tuesday; 9 to 11 a.m. Wednesday;
3:30 to 5:30 p.m. Thursday;
and 9 to 11 a.m. Saturday.
717-249-7773
5 N. Orange St., Suite 4, Carlisle
www.projectshare.net

SADLER HEALTH CENTER CORP.

*Provides services to uninsured
and underinsured.*

717-218-6670

8 a.m. to 5 p.m. Monday, Tuesday, Friday

9 a.m. to 5 p.m., Wednesday

8 a.m. to 7:30 p.m. Thursday

100 N. Hanover St., Carlisle;

Also, 8 a.m. to 4:30 p.m.

Monday through Friday

1104 Montour Road, Loysville

717-960-4380

866-723-5377

www.sadlerhealth.org

SAFE HARBOUR

*Provides a continuum of housing services
for the homeless of Cumberland County.*

717-249-2200

102 W. High St., Carlisle

www.safeharbour.org

THE SALVATION ARMY

Provides various services.

717-249-1411

20 E. Pomfret St., Carlisle

www.salvationarmycarlisle.org

SENIOR CENTERS

Big Spring 717-776-4478

Carlisle 717-249-5007

Enola 717-732-3915

Mechanicsburg 717-697-5947

Shippensburg 717-300-3563

West Shore 717-774-0409

**TRI-COUNTY COMMUNITY
ACTION COMMISSION**

*Various programs serving Dauphin,
Cumberland and Perry counties.*

1514 Derry Street, Harrisburg

717-232-9757

www.cacatricounty.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

*A refuge for children who are the victims
of a negative social environment. Children
are referred primarily by county children
and youth agencies and family courts.*

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

www.umhcservices.org

UNITED WAY

United Way of Carlisle and

Cumberland County

717-243-4805

145 S. Hanover St., Carlisle

www.carlisleunitedway.org

VICTIM SERVICES DIVISION

(Cumberland County)

Main office

717-240-6220

1 Courthouse Square, Carlisle

West Shore Office

717-761-5599

2120 Market St., Camp Hill

WEST SHORE CENTER FOOD PANTRY

(New Hope Ministries)

717-774-6255

*Serves residents in Lemoyne, New
Cumberland, Camp Hill, Wormleysburg,
Enola and Marysville.*

Monday through Friday,

9:30 a.m. to 3:30 p.m.

First and third Saturday of month,

10 a.m. to 122 p.m.

701 Bosler Ave., Lemoyne

YORK COUNTY

ACCESS YORK

(YWCA York)

Dedicated to helping victims and their children who suffer from abuse or threatened abuse; assists in preparing a Protection From Abuse (PFA) petitions.

Domestic violence hotlines

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

www.ywcayork.org/victim-services

BELL SOCIALIZATION SERVICES

Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CATHOLIC HARVEST FOOD PANTRY

Operates food pantry in York County. Hours are 6 to 7 p.m. Monday through Friday, 9 a.m. to 12 p.m. first and third Thursday of month, and 3:45 to 4:45 p.m. fourth Monday and fourth Friday of month.

717-846-8899

717-846-8571

628 E. Market St., York

www.catholic harvest.org

CENTRO HISPANO JOSE E. HERNANDEZ

Assists Hispanic community in York.

717-846-9434

225 E. Princess St., York

www.chjh-york.org

CHILDREN'S HOME OF YORK

Provides social services for children.

717-755-1033

77 Shoe House Road, York

www.choyork.org

FAMILY FIRST HEALTH

Provides medical and dental services and offers reduced fee program.

Offices:

116 South George St, York:

717-845-8617;

Hannah Penn Center:

415 E. Boundary Ave., York

717-843-5174;

Lewisberry Center

308 Market St., Lewisberry

717-938-6695;

Hanover Center

1230 High St., Hanover

717-632-9052;

Gettysburg Center

1275 York Road, Suite 17, Gettysburg

717-337-9400

Columbia Center

369 Locust St., Columbia

717-342-2577

www.myfamilyfirsthealth.org

HEART OF MARY PREGNANCY SUPPORT SERVICES

Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.

717-843-7986

26 E. College Ave., York.

LIFEPATH CHRISTIAN MINISTRIES

City soup kitchen and homeless shelter.

Formerly York Rescue Mission.

717-845-7662

363-373 West Market Street, York

www.lifepathyork.org

MIDPENN LEGAL SERVICES

Offers assistance in filing a protection from abuse (PFA) petition.

York office:
29 N. Queen St., York
717-848-3605
www.midpenn.org

NEW HOPE MINISTRIES

Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.

211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

OUR DAILY BREAD

City soup kitchen.
717-848-1674
331 S. George Street, York

RED LAND SENIOR CENTER

717-938-4649
717-938-4640
736 Wyndamere Road, Lewisberry
www.redlandseniorcenter.org

YORK COUNTY AREA AGENCY ON AGING

717-771-9610
800-632-9073
100 W. Market Street, York

CHILDREN, YOUTH AND FAMILIES

717-7846-8496
800-729-9227

CRIME STOPPERS

717-755-TIPS (8477)

DOMESTIC ABUSE HOTLINE

800-262-8444

HUMAN SERVICES DEPARTMENT

717-771-9347
800-441-2025 x9347

VICTIM SERVICES

717-771-9600

YORK COUNTY LITERACY COUNCIL

Literacy services for adults.
717-845-8719
800 East King Street, York
www.yorkliteracy.org

UPPER DAUPHIN COUNTY**HALIFAX UNITED METHODIST CHURCH**

Food bank.
Serves residents in Halifax and Millersburg area.
717-896-8092
9 to 11 a.m. Mondays,
4 to 6 p.m. Tuesdays and Thursdays
1st, 3rd and 5th Saturdays, 9 to 11 a.m.
105 Wind Hill Road, Halifax
www.halifaxumc.com

ISAIAH 61 MINISTRIES

Operates a soup kitchen from 5:30 to 7 p.m. Mondays and Thursdays at 36 Jacobs Church Road, Halifax.
717-557-5166
www.isaiah61min.org

MILLERSBURG ASSEMBLY OF GOD CHURCH

(Bread of Life Food Ministry)
Second Saturday of month at 9:30 a.m.
2261 Shippen Dam Road, Millersburg
717-692-3904

NORTHERN DAUPHIN FOOD PANTRY

717-905-2512

**NORTHERN DAUPHIN HUMAN
SERVICES CENTER**

Children and youth services

877-893-3344

295 State Drive, Elizabethville

UPPER DAUPHIN HUMAN SERVICES CENTER

Operates food bank from 9 to 11 a.m. and

1:30 to 3:30 p.m. Monday through Friday.

*Individuals and families needing food are
allowed to come one time per month.*

717-453-9352

517 Main St., Lykens

www.orgsites.com/pa/udhumanservices

**WHERE
TO GO
WHEN YOU NEED
HELP**

2017 EDITION